

Please read these instructions carefully before placing Baby in your Zak & Zoe carrier.

Always follow these steps when babywearing:

1. Tight – the sling must be tied firmly and securely at all times.
2. Baby's face always visible – Baby's face must not be hidden under the sling. His/Her mouth and nose must be free from obstructions at all times.
3. Can you kiss Baby? – Baby must be high enough for you to be able to kiss his/her head.
4. Keep Baby's chin far from chest – Baby's chin should not touch his/her chest. Make sure that you can insert two fingers under his/her chin and that Baby has a source of air at all times.
5. Back – Baby's back must always be supported.
6. Knees must be slightly higher than pelvis and fabric must support both knees.
7. Position – Always have Baby facing you.

WARNING

Failure to follow Zak & Zoe's instructions can result in death or serious injury.

Only use for babies up to 25 pounds. If your baby weighs less than 8 pounds, is premature or has respiratory problems, please ask your doctor if it is safe to use the carrier.

Do not put Baby in a cradle position in the sling.

Never babywear while sleeping.

A sling must never be used as a booster seat.

Avoid intense activities that could increase risks of falling, unexpected movement or shock.

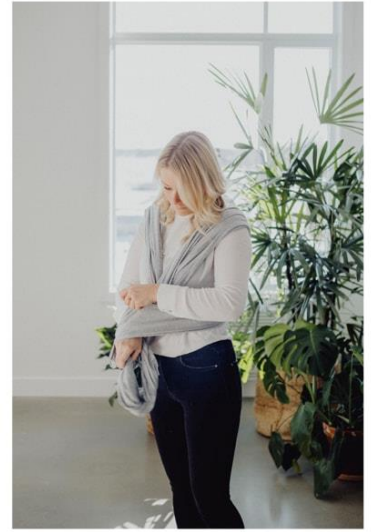
Vigilance is key – constantly monitor your child, and do not consume drug or alcohol when babywearing.

****** If you feel the need to hold Baby with your hands, it is often sign that your sling is not tight enough. Simply remove Baby safely and start wrapping again. It is important to feel comfortable with Baby and it is expected to improve your wrapping technique with time...

ZAK ET ZOÉ

Designed & Made in Quebec

Bamboo Wrap – User manual p. 1



Find Zak & Zoe label: it is the center of your sling. Wrap the fabric around your torso with the label laying on your chest. Cross behind your back and bring the two fabric pieces to the front, above your shoulders. Slide them under the front label. Make sure the fabric is flat at all times (does not roll).



Make sure the fabric is well adjusted, then wrap the extra fabric around your torso and make a double knot either at the front or back, whichever is most comfortable.

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To place Baby in sling, open the side panels (the ones from your shoulders), gently lift Baby and put his/her head on your shoulder. While holding Baby with one hand, put your free hand under the panel that rests closest to your body, and make Baby slide inside the panel. Place fabric so that it supports Baby's bottom. Lift the second side panel and put it on Baby's bottom. Spread the fabric out on Baby's bottom and back. Each side panel should cover from one knee to the other. Your child should now be in a comfortable seated position.

Lift the bottom panel (the one with the label), place it on top of Baby's legs and bottom, and spread it evenly on Baby's back. It should cover and support Baby from knees to neck. Ensure that Baby's knees are higher than his/her hips. Adjust the sling around Baby's back and legs until it is secure and comfortable for both Baby and you.

To remove Baby from sling, take the bottom panel down while keeping Baby close to your body. Open the side panels while safely holding Baby. Put your hands under Baby's armpits and remove him/her gently.

Try to practice a few times to make sure you understand the instructions. Always ensure that Baby is well supported, high enough to kiss his/her head with his nose and mouth unobstructed. Do not feel discouraged the first time trying! 😊