

# **RECOVER** MAGNESIUM CREAM + MENTHOL

### **Drug Facts**

### Active Ingredient

Purpose

Temporarily relieves minor aches and pains of sore muscles and joints associated with simple backache, strains and sprains, and arthritis.

- Warnings
  For external use only

   Do not apply to wounds or damaged skin.

   Do not bandage tightly.

   Avoid contact with eyes.
- If conditions worsen or persist for more than 7 days, discontinue use of this product

### Ask a doctor before use:

• If pregnant or breast feeding • Children under 2 years of age

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center immediately.

### Drug Facts (continued)

### Directions

- For best results, apply liberally after exercise.
   Rub directly on tired and sore muscles including legs, feet, neck, shoulders, arms, hands, etc.

  • Avoid applying to sensitive areas.
- Apply to affected area not more than 3 to 4 times daily.

## Other Information Store at room temperature.

Inactive Ingredients
Aloe Barbadensis Leaf Juice, Alcohol, Benzyl Alcohol, Butyrospermum Parkii (Shea)
Butter, Caprylyl Caprylate/Caprate, Cetearyl Alcohol, Ceteareth-20, Curcuma Longa
(Turmeric) Root Extract, Dehydroacetic Acid, Dimethyl Sulfone, Gaultheria, Glycerin,
Blyceryl Stearate, Glycine Soja (Soybean) Oil, Magnesium Chloride, Menthyl Lactate,
Isododecane, Sea Water Extract, Propanediol, Simmondisia Chinensis (Jojoba Seed Oil),
Tocopherol, Water



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### MAGNESIUM CREAM+ARNICA

### **Drug Facts**

### **Active Ingredient**

Arnica Montana Extract 1X HPUS (5%)

**Purpose** 

Temporarily relieves minor aches and pains of sore muscles and joints associated with simple backache, strains and sprains, and arthritis.

- Warnings
  For external use only

  Do not apply to wounds or damaged skin.

  Do not bandage tightly.

  Avoid contact with eyes.

  If conditions worsen or persist for more than 7 days, discontinue use of this product and consult a physician.

Ask a doctor before use:

If pregnant or breast feeding

Children under 2 years of age

Keep out of reach of children. If swallowed, get medical help or contact a Poison
Control Center immediately.

### Drug Facts (continued)

### Directions

- For best results, apply liberally before exercise.
  Rub directly on tight and tense muscles including legs, feet, neck, shoulders, arms, hands, etc.

  Avoid applying to sensitive areas.

  Apply to affected area not more than 3 to 4 times daily.

### Other Information

Store at room temperature

Inactive Ingredients
Aloe Barbadensis Leaf Juice, Alcohol, Benzyl Alcohol, Butyrospermum Parkii (Shea) Butter,
Caprylyl Caprylate/Caprate, Cetearyl Alcohol, Ceteareth-20, Cinnamomum Camphora
(Camphor) Dil, Curcuma Longa (Turmeric) Root Extract, Dehydroacetic Acid, Bautheria
Procumbens (Wintergreen) Leaf Dil, Blycerin, Glyceryl Stearate, Glycine Soja (Soybean) Dil,
Magnesium Chloride, Menthyl Lactate, Isopropyl Myristate, Sea Water Extract, Propanediol,
Simmondisia Chinensis (Jojoba Seed Oil), Tocopherol, Vanillyl Butyl Ether



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<sup>\*</sup> Claims based on traditional homeopathic practice, not accepted medical evidence. Has not been evaluated by the Food and Drug Administration.