

ICE SLEEVE



USE ON KNEE OR ELBOW
DIRECT 360° COOLING
STAYS FLEXIBLE WHILE COLD

HOW TO USE



FREEZE FOR 2 HOURS



USE ON KNEE OR ELBOW FOR UP
TO 20 MINUTES OF COLD COMPRESSION



RE-FREEZE AND RE-USE
AS NECESSARY

DO NOT GET WET

To clean, wipe with a damp cloth, do not immerse in water.

82% Nylon & 18% Spandex

DO NOT MICROWAVE



Use on muscles and joints for up to 20 minutes.
If the Ice Sleeve is damaged or worn out, discontinue use. **Latex Free.**

SCAN FOR MORE INFO