



**Equipment shown in custom colors*

TOTAL LEGS HSTL3

HumanSport is so simple, intuitive and natural that it feels as if it were custom-built for each and every user. Seven cable-based machines with dual weight stacks provide a complete range of workouts for total body training. When paired with the provided programming designed by our Master Trainers, HumanSport makes a powerful addition to any facility.

PRODUCT DIMENSIONS

WIDTH	39 in (99 cm)
LENGTH	64 in (163 cm)
HEIGHT	65 in (165 cm)
STACK WEIGHT	2x 88 lbs (2x 40 kg)
OVERALL WEIGHT	691 lbs (314 kg)
SHIPPING WEIGHT	772 lbs (350 kg)

ADJUSTMENTS & MOVEMENTS

USER DEFINED RANGE OF MOTION	Yes, multiple lower extremity anterior and posterior training via cable based training
ASSISTED ADJUSTMENTS	No
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	N/A
UNILATERAL OR BILATERAL MOVEMENT	Yes, Unilateral or bilateral use user defined
CONVERGING OR DIVERGING MOVEMENTS	Yes, user defined
PULLEY RATIO	2:1 ratio

FRAME SPECIFICATIONS & CABLE INFORMATION

STANDARD FRAME COLOR OPTIONS	Silver with wood trim, Black with carbon fiber trim
STANDARD UPHOLSTERY COLOR OPTIONS	Black
FRAME FINISH	Electrostatic Powder coating
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	N/A
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CABLE VS. BELT DRIVEN TRANSMISSION	3mm cable driven
BOLT DOWN LOCATIONS DEFINED	Yes
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection
HARDWARE TYPE	Hex / Button Head
TUBBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

USER SPECIFIC INFORMATION

STATIC PLACARDS	Start finish diagram
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes
ANIMATED LENTICULAR	No
SAFETY CATCH & STOPS	No
WATER BOTTLE HOLDER	No
PHONE HOLDER	No
GRIP SPECIFICATIONS	Unique anterior & posterior foot harness accommodates users of all sizes and allows users to turn the body sideways and perform hip abduction and adduction
FOOT PLATFORM	Oversized rubber non slip raised platform and stabilization handles provide ideal positioning for hip, knee and ankle exercises
CONTOURED PADS	N/A
RESTRAINT SYSTEM	No

WEIGHT STACK SPECIFICATIONS

TOTAL STACK WEIGHT	Stack Weight Capacity: 2x 88 lbs (2x 40 kg)
INCREMENTAL WEIGHT SYSTEM	No
WEIGHT STACK TOWER HEIGHT	65 in (165 cm)
PLATE LOADED	N/A
WEIGHT STORAGE SOLUTION	N/A
LNL TECHNOLOGY	Yes, standard
ADD-ON RESISTANCE AVAILABLE	No
WEIGHT STACK SHROUD SPECIFICATIONS	Inside and outside steel shrouds.

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

