

If you keep having trouble connecting Y2 to network or Y2 is in abnormal status, you need to reset the Y2.

Press and hold the RESET button for 5 sec. Do not release your hand when you hear Y2 says 'Bluetooth mode', after warm light is on, release your hand.



This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference,
- (2) This device must accept any interference received, including interference that may cause undesired operation.

The manufacturer is not responsible for any radio or 1V interference caused by unauthorized modifications or change to this equipment. Such modifications or change could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio /TV technician for help.

RF Warning Statements:  
 To maintain compliance with FCC's RF exposure guidelines, this equipment should be installed and operated with a minimum distance of 20cm between the radiator and your body.

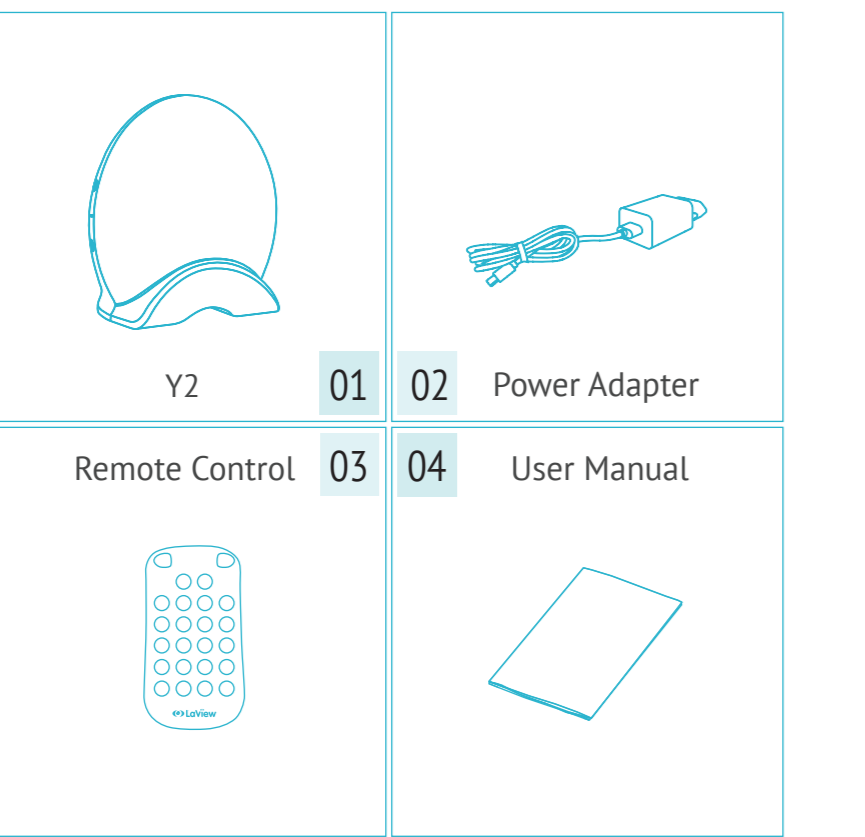
Model	Y2
Input	100-240V~50/60GHz DC 5V 2A
Power	Light 7W, Speaker 3W
Supported Wi-Fi Protocol	IEEE 802.11 b/g/n 2.4GHz
Supported OS	Android 5.0 or higher iOS 9.0 or higher
Lumens	350lm±10%
Color Temperature	2000K/4000K
CRI	> 80
Operating Temperature	14°F ~ 104°F (-10°C ~ 40°C)

**WHITE NOISE MACHINE**

with Wake-up Light



For more set up instructions and video tutorials, please scan the QR code on the left or visit: [www.laviewusa.com/pages/y2](http://www.laviewusa.com/pages/y2)  
 Or contact us at: [info@laviewusa.com](mailto:info@laviewusa.com)

**WHAT'S IN THE BOX**


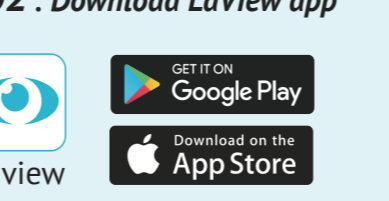
(All control methods are included with your Y2)

Control Method	Mobile APP (Full functions)	Remote Control (Quick controls on common functions)	Device Buttons (Immediate access)
<b>Supported Function</b>			
1.ON/OFF	✓	✓	✓
2.Snooze	✓		✓
3.Tap top button once(Tap Y2 top)			✓
4.Brightness Adjustment	✓	✓	✓
5.Volume Adjustment	✓	✓	✓
6.Play/Pause Music	✓	✓	
7.Switch Music	✓	✓	
8.RGB Light	✓	✓	
9.White Light	✓		
10. Favourite	Up to 8	Up to 1	
11.Theme	8	6	
12.Music Mode	✓		
13.Timer	✓	✓	
14. Sleep Routine	✓		
15.Sunrise Alarm	✓		
16.Focus/Meditation	✓		
17.Time Adjustment	✓		
18.Toddler Lock	✓		
19. Reset			✓

**Step1: Power on Y2**

Power on the Y2 with included power adapter and USB cable. Wait until the bottom indicator of Y2 turns flashing BLUE.

Note:If the indicator does not blink in BLUE, go to step 4 to reset Y2.

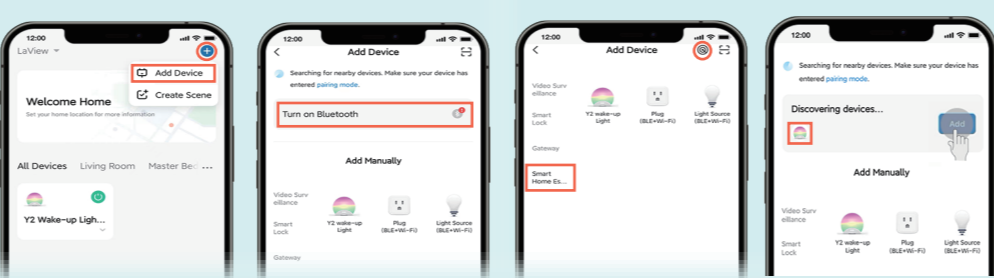
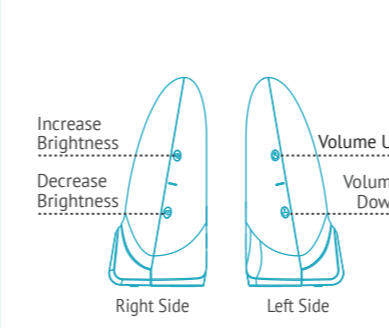
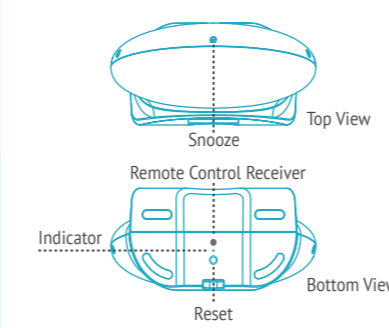

**Step2: Download LaView app**


-Search and download our LaView app on the app store and register your account.  
 -Open the app, select 'sign up' to create a new account or log in with an existing account.

**Step3: Set up Y2**

-Firstly, after the bottom indicator light of Y2 turns to flashing BLUE, click '+' in the upper right corner and click 'add device', after that turn on Bluetooth, select 'smart home essentials' and click 'add'.  
 -Then, select Y2 icon and click 'add'.  
 -Finally, follow the steps in the LaView app to connect your device.

Note: Please allow authorization for Bluetooth access in LaView app.


**Device Buttons**


- Snooze**
- 1 Turn on: Single tap top to turn on the warm light
  - 2 Turn off: Long press & hold top for 2 sec
  - 3 Snooze: When alarm goes on, single tap top
  - 4 Turn off Alarm: When alarm goes on, long press & hold top for 2 sec

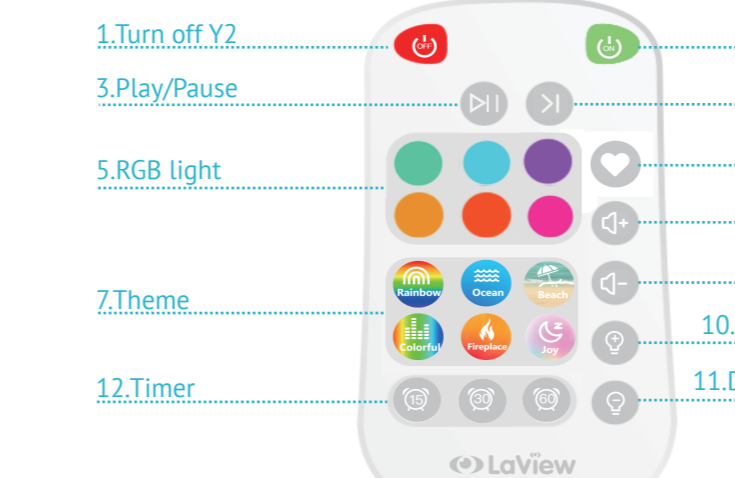
- Reset**
- 1 Reset: Hold for 5 seconds to reset the device
  - 2 Turn on Bluetooth: Hold for 2 seconds

- Increase Brightness**
- 1 Single tap to increase brightness
  - 2 Long press to constantly increase brightness

- Decrease Brightness**
- 1 Single tap to decrease brightness
  - 2 Long press to constantly decrease brightness

- Volume Up**
- 1 Single tap to turn up volume
  - 2 Long press to constantly turn up volume

- Volume Down**
- 1 Single tap to turn down volume
  - 2 Long press to constantly turn down volume



1. Turn off Y2
2. Turn on Y2
3. Play/Pause
4. Switch music
5. RGB light
6. Favorite
7. Theme
8. Volume up
9. Volume down
10. Increase brightness
11. Decrease brightness
12. Timer

**Function annotations:**

1. Turn off Y2:
  - 1) Turn off the lights and music of the current device;
  - 2) You can also turn off the sunrise alarm or sleep routine alarm anytime it rings.
5. RGB light: You can quickly select RGB light with a total of 6 colors.
6. Favorite: The Favorite Mode switch opens the default 'Favorite 1' combination. If you need to update the Favourite configuration, please update the 'Favourite 1' setting in the app.
7. Theme: You can quickly select rhythm light with a total of 6 themes, such as Rainbow, Ocean, Beach, Colorful, Fireplace, Joy.
12. Timer: There are three settings for timed shutdown (15 minutes, 30 minutes, and 60 minutes). After the timer is set, the clock will display the countdown time for 5 seconds, indicating that the operation was successful.

**Need help?**

Should you have any questions about using Y2 Wake-up Light, please contact LaView support team at:

[info@laviewusa.com](mailto:info@laviewusa.com)



# App Control

## Quick Bar

Main switch

Brightness adjustment

Volume adjustment

Music switch

Light switch

## Home

Back to home

Change device name and other basic settings

Turn light on/off or breathing

Adjust light brightness

Hold and swipe left/right to switch between RGB light and white light

Favourite and Theme mode

Swipe to adjust volume

Main switch

Main panel

Play/Pause sound

Countdown, focus and clock setting

Sunrise alarm/Sunset routine

# App Control

## Favorite

Title

Light adjustment

Music Category

Volume adjustment

Edit Favorite

Add Favorite

## Theme and Music Mode

Theme: 8 built-in light & music combos that mimic a variety of nature light pattern such as beach, fireplace, heartbeat, etc.

Music Mode: Dynamic light pattern that follows the sound of external music (i.e.: High quality speaker, mobile phone, people singing)

8 themes, Choose and click to play/switch

2 music modes, Choose and click to play/switch

# App Control

## Schedule

Sunrise Alarm and Sleep Routine

Sleep routine starting time, time to sleep

Routine on/off

Repeat

Time to get up

Alarm on/off

Y2 will have a delayed shutdown time after the get-up time

Add new sleep routine/sunrise alarm

Sleep Routine Setting

Cancel editing

Save routine

Set sleep starting time

Repeat

Label

Light switch (if turned off, only music with sleep will be performed)

Light adjustment

Music switch (if turned off, only light with sleep will be performed)

Music category

Select music

Volume adjustment

Snooze: When alarm goes on, you can tap Y2 top, 10min later, Perform again

Set the sunrise duration prior to get-up time

After set the sunrise duration, The wake-up time will be calculated

Set the time for the sleep routine to turn off

After set the sunset duration, the sleep time will be calculated

Y2 turn off completely at

Y2 gradually brighten at

Y2 turn off after

Set the time for the sunrise alarm to turn off completely

For example, if sleep starting time is 10:00 pm, sunset duration is 20 minutes, then Y2 will turn on at 10 :00 am at maximum brightness and gradually turn off until 10:20 pm.

# App Control

## Sunrise Alarm Setting

Cancel editing

Save alarm

Set get-up time

Repeat

Label

Light switch (if turned off, only music with wake-up will be performed)

Light adjustment

Music switch (if turned off, only light with wake-up will be performed)

Music category

Select music

Volume adjustment

Snooze: When alarm goes on, you can tap Y2 top, 10min later, Perform again

Set the sunrise duration prior to get-up time

After set the sunrise duration, The wake-up time will be calculated

Set the time for the sunrise alarm to turn off completely

For example, if get-up time is 8:00 am, sunrise duration is 20 minutes, then Y2 will turn on at 7 :40 am at minimum brightness and gradually brighten to maximum until 8:00 am.

# App Control

## More Setting

Timer setting (set Y2 to shut down)

The default is 12-hour time format, If turned on, the time display will change to 24-hour time format

Brightness adjustment of the clock display

Manually add time compensation to fit your personal time preference

Device buttons will be disabled except the snooze function

Focus

Back to previous page

Start focus

Set Focus time

The round of focus

Only for 2 rounds and above, you can set break time

If turned on, a notification will sound when a session ends

If turned on, the remaining time of the focus session will be displayed on the clock

# Q&A

If you don't see your question below, please contact us at: [info@laviewusa.com](mailto:info@laviewusa.com)

## Y2 won't turn on?

**Please try resetting it by completing the following steps:**

1. Make sure your Y2 is firmly plugged in both at its base and in the wall outlet
2. Please hold and press Y2 bottom RESET button for 5 sec, until the warm light is on and indicator blinks blue
3. Follow the steps for adding the Y2 as mentioned previously

## My schedule didn't run?

**If your schedule didn't run, please first check the following:**

1. Confirm that the schedule is enabled (the toggle appears green) in your schedule list
2. Check that the time of day and day of the week are correct
3. If you want your schedule to repeat from day to day, make sure it is set to repeat on the desired days

Please be aware, schedules start and don't look back, so changes made during a program will take effect the NEXT time that program runs. This includes schedules created after their start time, which will kick off the next time the start time rolls around

## How to use Y2 as a Bluetooth speaker?

**Note: Y2 is designed as a sleep machine. Although Y2 is not optimized as a Bluetooth speaker, we do enable this feature due to high demand and will keep improving it. Please let us know your suggestion and feedback on using Y2 as a Bluetooth speaker by emailing to [info@laviewusa.com](mailto:info@laviewusa.com)**

**If you want to use Y2 as a Bluetooth speaker, please following steps:**

1. Please hold and press Y2 bottom RESET button for 2 sec, until you hear 'Bluetooth mode'
2. Turn on your phone system Bluetooth and search for 'Y2 wake up light'
3. Click 'Y2 wake up light' for pairing, after pairing successfully, you will hear 'contacted'
4. Then, you can play music from your phone

# IMPORTANT SAFETY INSTRUCTIONS

To ensure correct and safe installation, usage and functioning of the product, always follow these instructions carefully and keep for future reference.

Use only the provided USB-C cable and AC power adapter. For sufficient brightness, ensure an input power of more than 5V 2A.

The luminaire cannot be replaced, please do not dismantle or modify by yourself. Otherwise it will be deemed as waiver of warranty.

Always unplug the light prior to installation, maintenance or carrying out any repair activities.

Follow local regulations regarding disposal or recycling of the device and components.

If you have any product problems during use, please contact the customer support at [info@laviewusa.com](mailto:info@laviewusa.com)

DO NOT place or operate near extreme heat sources, moisture, or corrosive substances.

DO NOT operate any light with a damaged cord or after malfunction occurs, or damaged in any manner.

DO NOT remove the power plug with wet hands as it may cause electrical shock.

The light is not water proof or rugged.

Please use a dry cloth to clean and get rid of dust on a regular basis.

The light may contain tiny gadgets, please keep kids away from them.