

## <u>Micropigmentation / Microblading Pre-Procedure</u> Information & Care

Contraindications - You are not a candidate for micropigmentation or microblading if any of the following apply to you:

- Pregnancy
- Nursing
- Diabetes Type 1
- Lupus
- Hepatitis B/C
- AIDS
- Active Skin Disorders: Cold Sores, Shingles, Impetigo, Psoriasis, Pink Eye, Sun Burn, Severe Acne
- Active Vitiligo
- Severe Rosacea
- Blood Disorders: Sickle Cell, Hemophilia
- Keloid Formation
- Mental Disorder
- Accutane (must be off for 6 months)
- Steroids (must be off for 6 months)

#### **Restrictions -**

- Retinol/Retin-A must be discontinued 7 days prior to procedure. (It will cause the skin to bleed).
- Injections (Botox, Radiesse, Juvederm, Voluma, etc.) must be done 2 weeks before or 2 weeks after procedure.
- Chemical peels and laser treatments may not be done within 60 days before or after procedure.
- The use of Latisse® must be discontinued at least 3 months prior to your eyeliner procedure (it creates an inflammatory response, causes excess bleeding and prohibits the eyeliner from healing well).
- Sunburned or Suntanned skin is damaged skin and therefore will cause excessive bleeding. We CANNOT work on sunburned or suntanned skin.
- You cannot expose the area to the sun for 30 days before or after procedure.
- Do not schedule this procedure within one week prior to a water vacation.

- Stay out of steam rooms, saunas, hot yoga, swimming pool, etc. for one week following procedure.
- Avoid working out or sweating for 1 week post procedure. (sweat will prevent pigment from healing into the skin)
- Avoid alcohol and caffeine 1 day before procedure to minimize any oozing, bleeding or swelling.
- Do not take aspirin, ibuprofen, niacin, fish oil or vitamin E 3 days prior to procedure unless medically necessary.

#### ALL SEMI-PERMANENT COSMETIC PROCEDURES ARE MULTI-SESSION PROCESSES.

An initial application is <u>incomplete</u> until after a follow-up appointment, which must be scheduled approximately 6 weeks after your initial appointment. There is no additional charge for the follow-up appointment after your initial application.

WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place.

Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make social plans for a day or two following any procedure. Wear your normal makeup and bring your lip or brow pencils with you the day of the procedure.

Please be aware that in order to ensure we choose the right color pigment, we may need to remove any foundation or concealer you are wearing to see the true undertone of your skin. You may choose to bring your makeup to touchup after your procedure.

In order to provide all of our clients with great service and the best experience,

### **OUR POLICIES** are as follows:

# **CLIENT-ONLY IN THE PROCEDURE ROOM:**

Though a friend or family may accompany you to your appointment, we have learned it is best that they do not sit-in on your procedure. It is important the artist is able to have their full focus on you, the client. Friends and family tend to be a distraction for both the client and artist.

**Follow-up appointments**: There is no charge for the follow-up appointment to a new/initial procedure when it is done within 6 weeks of the initial procedure. However, in the case of a cancellation with less than 24 hours' notice or a no-show, the follow-up is considered forfeited and any following appointments will be charged as a touch-up appointment.