



THREAPLANDS

BREAKFAST MENU

Served Monday- Saturday 9.00 a.m. - 11.40 a.m. | Served Sunday 10 a.m. – 11.30 a.m. | Lunch served from 12
Apologies but we are not able to make any substitutions, amendments or additions.

WiFi password: Primrose1 View our online shop www.threaplands.co.uk

COOKED BREAKFAST

Threaplands BIG Breakfast *DF

2 link sausages, 2 bacon rashers, choice of 2 fried or scrambled eggs, Stornoway black pudding, lorne sausage, hash brown, tattie scone, mushrooms, beans and tomato with white, brown or gluten free toast.

The Gluten Free Breakfast *DF *GF

2 gluten free link sausages, 2 bacon rashers, choice of 2 fried or scrambled eggs, beans, mushrooms, hash brown and tomato served with gluten free toast.

The Breakfast Stack

Lorne sausage, tattie scone, Stornoway black pudding and bacon topped with a poached egg and hollandaise sauce sitting on a toasted brioche base.

Eggs Benedict *GF

Toasted muffins topped with bacon, poached eggs and hollandaise sauce.

French Toast

Thick white bloomer "eggy bread" with a twist of citrus topped with choice of bacon or mixed fruit served with maple syrup.

Eggs on Toast *GF

Fluffy scrambled eggs on buttered white, brown or gluten free toast.

Add bacon or Stornoway black pudding 1.00 each



FILLED BREAKFAST ROLLS

Stuffed Breakfast Baps

*GF*DF 4.95

Choice of local Belly Button Softie from Home Bakery (Buckie), brioche or brown bun stuffed with a filling of your choice:

2 Eggs *GF

3 Bacon Rashers *GF

3 Link Sausages *GF

2 Lorne Sausage

3 Vegan Sausages

2 Stornoway Black Pudding

2 Hash Browns with cooked tomato *GF

2 Tattie Scones with cooked tomato

Add bacon to any bap 1.00

Add a fried egg to any bap ... 1.00

Add a sausage to any bap ... 1.00

Add Stornoway black pudding to any bap 1.00

The BIG Breakfast Bap 6.50

Lorne sausage, 2 bacon rashers and Stornoway black pudding topped with a fried egg.

FROM THE BAKERY

Simply Toast *DF

2 slices of white, brown or gluten free bread, toasted to perfection with butter and jam or honey.

Filled Croissant

Freshly baked croissant stuffed with bacon and mature cheddar.

Pancakes

Stack of 3 thick and fluffy, homemade pancakes served with butter and jam or honey.

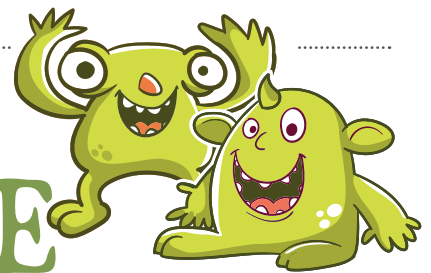
Add a scoop of vanilla ice cream 1.50

Pancake Stack

3 thick and fluffy, homemade pancakes stacked with choice of bacon or mixed fruit. served with maple syrup.

Add a scoop of vanilla ice cream 1.50

THE LITTLE MONSTER MENU



Kids Breakfast *GF*DF

1 sausage, 1 bacon rasher, choice of 1 fried or scrambled eggs and beans with white, brown or gluten free toast.

Tots Breakfast *GF*DF

1 sausage and beans with white, brown or gluten free toast.

Kids Pancake Stack

2 pancakes topped with choice of butter & jam or honey, fresh fruit or Nutella & banana.

Add a scoop of vanilla ice cream 1.50



COFFEE



Freshly ground intense flavour coffee with taste notes of cocoa nibs, muscovado sugar & roasted hazelnut. All our coffees are lovingly made by our trained baristas.

Not a fan of strong coffee? Just ask for 1 shot. You can also have any of our coffees made with our Fairtrade, Organic decaf blend which is still full of flavour but without the boost.

100% of our coffee is ethically sourced with every single cup helping the communities where it is grown with education, child labour elimination, female equality and climate change prevention. Of course, it's Rainforest Alliance Certified too.

Your coffee can be made with a range of milk - whole milk as standard, almond, soya, oat or semi skimmed.

Flat White.....	3.45
Latte.....	3.65
Cappuccino.....	3.85
Mocha.....	3.95
Americano.....	3.25
Double Espresso.....	3.00



ICED LATTE

Caramel Iced Latte.....3.95

2 shots of our Grumpy coffee over ice topped up with milk then finished with whipped cream and fudge pieces drizzled with caramel sauce.

Vanilla Iced Latte.....3.95

2 shots of our Grumpy coffee over ice topped up with milk and finished with whipped cream.



HOT CHOCOLATE

All hot chocolates are made with our scrumptious luxury chocolate from artisan supplier Grumpy Mule.

Standard Hot Chocolate.....3.00

Threaplends Signature Hot Chocolate.....4.95

Topped with lashings of cream & mallows served with chocolate flakes.

TEA



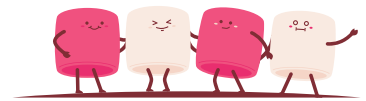
Selection of Teas served in individual pots.....3.25

Choose from: Everyday, Earl Grey, Green, Camomile, Peppermint, Lemon & Ginger, Berry Burst or decaffeinated.

EXTRAS...

Extra shot of Espresso..... 1.00

Selection of flavoured syrups..... 1.00



Cream..... 1.00

Mallows..... 1.00

Flakes..... 1.00

DRINKS

SERVED CHILLED/OVER ICE

FULL SUGAR SOFT DRINKS

DRAUGHT

Bottomless.....3.50

Coke, Schweppes Lemonade, Fanta Orange, Fresh Orange & Lemonade.

DIET & ZERO SUGAR SOFT DRINKS DRAUGHT

Bottomless.....3.50

Coke Zero, Diet Coke, Soda Water (includes lime dash if requested).

Full Sugar Soft Drinks in Glass Bottles.....3.00

Coke, Im Bru, Appletiser.

Diet & Zero Sugar Drinks in Glass Bottles.....3.00

Diet Coke, Diet Im Bru, Sprite Zero, Coke Zero.

J2O.....3.00

Apple and Mango, Orange and Passion fruit.

Fentimans (All Full Sugar).....3.00

Ginger Beer, Rose Lemonade, Sparkling Raspberry.

Spring Water Glass Bottle - Still or Sparkling.....2.50

Fever-Tree original or Refreshingly Light Tonic...2.50

Fresh Milk by the Glass..... 1.75

Crusha Milkshake.....2.50

Strawberry, Banana, Chocolate.

Fresh Juice.....2.50

Orange, Apple, Cranberry, Pineapple.

No Added Sugar Juice Bottle.....2.00

Orange, Apple, Blackcurrant.

No Added Sugar Diluting Juice..... 1.00

Orange, Blackcurrant.



We support local. Not only do we source meat, fish, fruit and vegetables locally but all our home baking and menu dishes are made with free range organic eggs from Moray.

Intolerance Key:

*DF = Dairy free available (dish may require modifications and vary from description) *GF = Gluten free available (dish may require modifications and vary from description)

*Please notify your server of any food allergies you have. Our freshly prepared food may contain traces of celery, cereals containing gluten, crustaceans such as prawns, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sulphur dioxide, sesame seeds and soybeans. As we do not operate a "Free from" kitchen we cannot guarantee complete removal of all trace ingredients including animal products. We use genetically modified vegetable oil in our fryers.

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