#### **Lunch Served from Midday**

All food orders must be placed by 3 p.m. Mon- Fri All food orders must be placed by 4 p.m. at weekends

WIFI password: Primrose1 View our online shop www.threaplands.co.uk





#### THREAPLANDS FAVOURITES

#### **Chicken Goujons**

\*GF & DF

100% chicken breast goujons thick cut and coated in panko breadcrumbs prepared fresh served with coleslaw, side salad and chips

Choose your dip: BBQ sauce, Sweet chilli sauce or Garlic mayo

#### Cajun battered chicken goujons

£14.95

Our famous 100% chicken breast goujons thick cut and coated in mildly spiced Cajun batter served with dirty Cajun chips & coleslaw

£10.95 Macaroni

Our homemade macaroni cheese smothered in a rich creamy cheese sauce, served with chips and garden peas

**Beef Chilli** 

ADD A POT OF CHIPS £2

£12.95 Fluffy white rice topped with our signature beef chilli,

served with tortilla chips & soured cream

£13.95 **Chicken Curry** 

Tender chicken pieces in a mild yet flavoursome homemade curry sauce served with rice or chips

£12.95 **Beef Chilli Nachos** GF

Meat Free Nachos (NO Chilli) GF £10.95

Warm tortilla chips topped with our signature beef chilli & melted cheese served with guacamole, salsa, jalapenos & soured cream

**Speciality Quiche of the week** 

Homemade with free range, organic eggs served with

couscous, dressed side salad and coleslaw

ADD A POT OF CHIPS £2

MARK'S.

## Local Breaded Haddock \* GF

Fresh haddock fillet coated in crispy breadcrumbs deep fried until golden served with homemade tartar sauce, chips, garden peas & lemon

Local Wholetail Scampi DF £12.95

Generous portion of breaded wholetail scampi deep fried until golden served with homemade tartar sauce, chips, garden peas & lemon

## **ROASTS (SUNDAY ONLY)**

#### FULL ROAST £16.95

HALF ROAST £13.50

Roast of the week served with roast vegetables, accompanying sides, Yorkshire pudding and lashings of gravy

#### BURGERS AND DAWGS

#### Threaplands Burger

\*GF MAKE IT A FEAST £14.95

6oz of local butcher's beef burger topped with bacon & melted cheese sitting on baby gem lettuce in a lightly toasted soft brioche bun, served with chips and coleslaw MAKE IT A FEAST

The Big Bird Burger

\*GF

Our signature breaded 100% chicken breast sitting on baby gem lettuce in a lightly toasted soft brioche bun topped with bacon and lemon mayo spread, served with chips and coleslaw

MAKE IT A FEAST

The Pond

\*GF

£12.95

Our local fresh haddock breaded and fried to perfection sitting on baby gem lettuce in a lightly toasted soft brioche bun with a tartar spread, topped with scampi and served with chips and coleslaw

#### The Fit Noo? Nae Coo? Burger

Plant based burger topped with vegan cheese sitting on baby gem lettuce in a lightly toasted vegan bun with tomato relish, served with chips and couscous

#### The BIG Dawg

MAKE IT A FEAST £12.95

Foot long Bratwurst in a soft white bun topped with cheese, crispy fried onions and bacon bits served with "slaw", chips, ketchup and amercian mustard

#### The BIG Chilli Dawg

MAKE IT A FEAST £14.95

Foot long Bratwurst in a soft white bun topped with our homemade beef chilli, cheese, crispy fried onions, jalapenos and bacon bits served with "slaw" and chips

MAKE IT A FEAST - Double up your burger or Dawg and include a side of mac "n" cheese £4.95

#### Breaded Chicken

DF

Crispy breaded chicken and mixed leaf salad stuffed tortilla wrap with your choice of garlic mayo, BBQ or sweet chilli sauce served with couscous, dressed side salad and coleslaw

## **ADD A POT OF CHIPS £2**

#### The Chilli Burrito

Tortilla wrap stuffed with our signature beef chilli & spiced rice, loaded with red peppers, cheese, and fresh tomato, toasted, served with cheese topped nachos and side of soured cream

SOUP

(See Specials Board for details)

#### Fresh Soup of the Day & homemade croutons £6.95

Served with choice of white bread, brown bread, gluten free bread or oatcakes



#### **Cullen Skink & homemade croutons**

£7.95

Served with choice of white bread, brown bread, gluten free bread or oatcakes

#### Soup & Sandwich

£10.95

Half bowl of soup of the day or cullen skink served with a full sandwich of choice from the "Sandwiches & Baked Potatoes" section

ADD A POT OF CHIPS

Soup & Sweet

£10.95

Fresh Soup of the Day or Cullen skink & homemade croutons served with choice of white bread, brown bread, gluten free bread or oatcakes followed by choice of any sweet from the "Puddings" section

#### SANDWICHES & BAKED POTATOES

Baked Potatoes £10.95 Sandwiches £8.95

Our fluffy centred buttered baked potatoes with a crispy skin or sandwich on white bread, brown bread or GF bread, stuffed with your filling of choice served with couscous, dressed side salad and coleslaw

#### **Cold Fillings**

Tuna Mayo	GF & *DF
<b>Tuna Mayo &amp; Cheddar Cheese</b>	GF
Tuna Mayo & Red Onion	GF & *DF
<b>Cheddar Cheese</b>	GF
<b>Cheddar Cheese &amp; Red Onion</b>	GF
Sweet Chilli Chicken	GF & *DF
<b>Sweet Chilli Chicken &amp; Cheese</b>	GF
Chicken Mayo	GF
Ham	GF & *DF
Ham & Cheese	GF
Vegan Cheese	DF

#### **Hot Fillings**

Beans	GF & *DF
Beans & Cheese	GF
Beef Chilli	GF
Beef Chilli & Cheese	GF
Macaroni Cheese	



Bowl of Chips	GF & DF	£4
Bread n Butter	*GF	£1.50
Coleslaw	GF & DF	£1.50
Beans	GF & DF	£1.50
Chips & Cheese	GF	£5
Nacho Crisps	GF & DF	£1.50
Salad	GF & DF	£2
Mac "n" Cheese		£3
Grated Mature Cheese	GF	£1.50

SIDES

#### **PUDDINGS**

## Cheesecake (See specials board for details)

Our homemade slice of YUM with buttery biscuit base

#### Chocolate Fudge Brownie Sundae

£7

Homemade brownie pieces layered with chocolate sauce, vanilla bean ice cream, whipped cream and fudge pieces with a flake

#### **Cookie dough Sundae**

**E**7

Layered warm cookies, vanilla bean & chocolate ice cream, chocolate sauce, whipped cream and fudge pieces

#### **Warm Chocolate Fudge Brownie**

Homemade gooey chocolate fudge brownie with warm chocolate sauce and custard or vanilla ice cream

#### Pancake stack

f7

Thick fluffy freshly homemade pancakes layered with vanilla ice cream and choice of Biscoff stack or mixed fruit & maple syrup stack

# ADD any pudding to your roast £4.95

We support local. All our home baking and menu dishes are made with free range organic eggs from Moray

#### SORRY BUT WE CANNOT MAKE ANY SUBSTITUTIONS OR AMENDMENTS TO OUR DISHES

#### **Intolerance Key**

Very low Dairy DF Very low Gluten GF

Dishes marked available as \*GF, \*DF or \*vegan – Please tell your server if you would like these dishes adapted

Please notify your server of any food allergies you have. Our freshly prepared food may contain traces of celery, cereals containing gluten, crustaceans such as prawns, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sulphur dioxide, sesame seeds and soybeans.

We do not operate a "Free from" kitchen and cannot guarantee complete removal of all trace ingredients including animal products therefore we offer GF- may contain trace gluten, DF- may contain trace dairy.