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Athens:	14/11/2022
Cert. Num:	C2223-00254

## CERTIFICATE OF ANALYSIS

Brand Name:	Drop of Life Organic		Analysis Date:	14/10/2022
Owner:	THE GREEK OLIVE ESTATE			
Variety:	OLYMPIA			
Origin:	ARKADIA GREECE			
Harvesting Period:	October 2022		Production Dat	te 12/10/2022
Oil Mill:			i roudollon Bu	
Chemical Analysis		K		
Oleocanth <mark>al</mark>		234	mg/Kg	
Oleacein		189	mg/Kg	
Oleocanth <mark>al</mark> +O	leacein (index D1)	423	mg/Kg	
Ligstrosid <mark>e</mark> agly	ycon (monoaldehyde form)	93	mg/Kg	
Oleuropei <mark>n</mark> agl <u>y</u>	ycon (monoaldehyde form)	175	mg/Kg	
Ligstroside <mark>a</mark> gly	ycon (dialdehyde form)*	432	mg/Kg	
Oleuropein agl	ycon (dialdehyde form)**	199	mg/Kg	
Free Tyrosol		<5	mg/Kg	
Total tyrosol de	FOR HEALTH	759	mg/Kg	
Total hydroxyty	rosol derivatives	563	mg/Kg	
Total polyphene	ols analyzed	1.322	mg/Kg	
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## Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the samples included in the international study performed at the University of California, Davis. The daily consumption of 20 g of the analyzed olive oil provides 26,44mg of hydroxytyrosol, tyrosol or their derivatives.

Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.

The results relate to the analyzed sample.

\*Oleomissional+Oleuropeindial \*\*Ligstrodial+Oleokoronal

Magiatis Prokopios

