

Free Sow & Grow Seed Planting Guide provided by the team at D&H Seed Harvest Co.

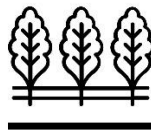
The information contained our guides is general in nature and intended as a basic guide only, it is not specific to varieties, climates, or conditions.

This guide is intended for four Australian regions Cool/Temperate – Arid/Moderate – Subtropical/Warm – Tropical.

Every effort has been taken to ensure the information contained in our guides is as accurate as possible.

If you notice an edit that can be made or would like a product added to the guide please email us at info@dhseedharvestco.com

D&H Seed Harvest Co is an Australian Owned & Operated business specialising in locally sourced seed varieties, with packets starting as low as \$1.25.



D&H SEED HARVEST CO

Visit us at DhSeedCo.com

Sow & Grow Herb Seed Planting Guide

Your region & ideal time to sow each variety					Seed Sowing Depth	Plant Spacing (cm)	Frost Tolerant / Frost Sensitive	Sow Seeds Direct / Raise Seedlings & Plant	Estimated Seed Germination Time	Notes
Variety	Cool/Temperate	Arid/Moderate	Subtropical/Warm	Tropical						
Anise	Spring & Summer All Regions				6mm	30cm apart	Frost Hardy	Raise Seedlings & Plant	7-14 DAYS	
Basil	September -February	September-December	April-September	April-September	3mm	30-40cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	7-14 DAYS	
Bergamont	October-March	September-April	April-September	April-September	3mm	30cm apart	Frost Hardy	Raise Seedlings & Plant	7-21 Days	
Borage	September - January	August - February	February - November	April -September	10mm	30cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	14-21 Days	
Burnet	September-April	March -April & October-December	February-October	March-September	8mm	30cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	14-28 Days	
Calendula	February - May	January - May	March - Aug	March - June	10mm-15mm	30cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	14-21 Days	
Caraway	October - March	March - May & August - November	February - Nov	March - October	10mm	30cm apart	Frost Hardy	Sow Seeds Direct	10-20 Days	
Catnip	September - December	September - Apr	April - September	April - September	5mm	60cm apart	Frost Hardy	Raise Seedlings & Plant	7-14	
Chamomile	September - March	July -November	March -October	August-September	Press in soil	10cm-40cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	7-21 Days	



Chervil	September - March	August -April	March -September	August - September	6mm-10mm	30cm apart	Frost Hardy	Sow Seeds Direct	14-21 Days	
Chives	October - March	September – March	All Year	All Year	6mm	5cm apart	Frost Hardy	Sow Seeds Direct	14-21 Days	
Coriander	September – December	March - April & August - November	March - October	March - October	6mm	20cm apart	Frost Hardy	Sow Seeds Direct	14-21 Days	
Cress	All Year – All Regions				4mm	20cm apart	Frost Hardy	Sow Seeds Direct	6-12 Days	
Cumin	Spring – All Regions				5mm	20cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	7-14 Days	
Dill	September – January	August – April	March - October	April – September	3mm	20cm apart	Frost Hardy		14-21 Days	
Echinea	September - December	September - January	September – November & March - May	September – November & March - May	6mm	50cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	14-28 Days	
Evening Primrose	October - April	September - April	April - September	April - September	Press in soil	30cm apart	Frost Hardy	Raise Seedlings & Plant	21-28 Days	
Fenugreek	Autumn, Winter & Spring – All Regions				10mm	40cm apart	Frost Hardy		5-14 Days	



Hyssop	Spring & Summer - All Regions				6mm	40cm-60cm apart	Frost Hardy	Raise Seedlings & Plant	6-14 Days	
Lemon Balm	September - December	March – April & September - December	March – October	April - October	3mm	50cm apart	Frost Hardy	Raise Seedlings & Plant	7-28 Days	
Lovage	Spring & Summer – All Regions				6mm	100cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	10-20 Days	
Mahjoram	September - December	March – April & September - November	February - October	March - September	6mm	50cm apart	Sensitive to Frost	Sow Seeds Direct or Raise Seedlings & Plant	10-28 Days	
Mint	September - December	August - December	August - November	April - July	2mm	30cm-50cm apart	Frost Hardy	Raise Seedlings & Plant	7-21 Days	
Nasturtium	September - December	August – February	February - September	February - September	10mm-15mm	30cm-50cm apart	Sensitive to Frost	Sow Seeds Direct or Raise Seedlings & Plant	14-21 Days	
Oregano	September - December	August - December & March - April	March – October	April - September	5mm	50cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	10-28 Days	
Parsley	September – March	August - March	March - September	May-July	5mm	30cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	14-28 Days	
Rosemary	Spring & Autumn – All Regions				3mm	150cm apart	Frost Hardy	Raise Seedlings & Plant	14-28 Days	
Rue	Spring – All Regions				5mm	50cm apart	Frost Hardy	Raise Seedlings & Plant	7-14 Days	



Sage	September - November	September - January	All Year	All Year	5mm	50cm-60cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	7-21 Days	
Savory	Spring – All Regions				3mm	40cm apart	Frost Hardy	Raise Seedlings & Plant	7-21 Days	
Sorrel	Autumn & Spring – All regions				5mm	30cm-50cm apart	Frost Hardy	Raise Seedlings & Plant	7-14 Days	
Tarragon	Spring – All Regions				Press in soil	50cm apart	Protect from hard frost	Raise Seedlings & Plant	10-28 Days	
Thyme	September - December	March - April & September - December	March – October	March - September	3mm	30cm apart	Frost Hardy	Sow Seeds Direct or Raise Seedlings & Plant	7-14 Days	
Wormwood	Spring & Autumn – All Regions				Press in soil	60cm apart	Frost Hardy	Raise Seedlings & Plant	10-28 Days	
Yarrow	Spring - All Regions				Press in soil	60cm apart	Frost Hardy	Raise Seedlings & Plant	10-21 Days	

