



## Dream Inventory

### *Think about it:*

- How would you like to spend your time?
- Where would you live? Where would you work? Where would you play? What kind of people would you do these things with?
- What is your concept of an ideal day (or week)?
- What would be your perfect lifestyle?
- Whose lifestyle do you admire most? What is it about that lifestyle that appeals to you?

### *Write it down:*

- Describe what your ideal lifestyle would look like. Think outside of the box. Abandon any self-imposed limitations related to being realistic, economic constraints, etc. Ignore any and all reasons why your dreams couldn't happen. Don't fret over writing style...just get your dreams on paper. Use as many sheets as needed. Give your imagination the freedom it was designed to have. Have fun with this!