

	31491019
Competing Commitments	
se a couple of hours and answer the following four questions as thoroughly and as nestly as possible:	
1.	What are you committed to for the next six months (or through the end of this year)?
2.	Make a list of all the things that you are doing <u>and</u> that you are not doing which are keeping you from doing what you're committed to do.
3.	What is the commitment(s) that lies behind the list you made in answer to question 2?
4.	Compare your answer to question 1 with your answer in question 3. Is there a "disconnect" there that you never saw before?