

THE GUMPII APOTHECARY - TRADITIONAL AUSTRALIAN HERBAL REMEDIES

Gumpii Gumpii – benefits:

Immune Booster – contains tanins, saponins, alkaloids, phenolic compounds, cardiac glycosides, polysteroids, athraquinones, triterpenoids, flavonoids,

Cancer – has been used historically by our Australian Indigenous peoples for thousands of years

Cholesterol – lowers cholesterol and triglycerides

Antioxidant; Anti-allergic; Antiviral; Antibacterial; Antifungal; Anti-inflammatory;

Lowers fevers; Blood Pressure – regulate & lower; Detoxing Agent; Circulation; Chronic Fatigue Syndrome; Arthritis and other bone & joint diseases; Anti-pruritic - Skin Diseases; Emphysema; Depression; Auto-immune diseases and related problems; GI Tract – diverticulitis, IBS, cramps, Crohns etc; Meniere's Disease; Galactagogue; Haemorrhoids; HIV – inhibitory effect;

Read Dr Paul Haider's (Herbalist) blog: paulhaider.wordpress.com – 'search' gumbi gumbi

Research: <http://www.uni-greifswald.de/en.html>;

No known side-effects when taken with other medications.

Mistletoe or Lysiana (Celtic for “All Heal”) - benefits:

Improves immune system – antibacterial, antioxidant, antiviral

Lowers blood pressure – eases stress on cardiovascular system

Promotes good sleep – very effective nervine agent

Cancer – Research focuses on both reduction of symptoms following chemotherapy and directly on healing. Up to 70% of cancer patients in Germany use mistletoe

Soothes respiratory distress – calms both body and mind

Calms nervous system – anxiety, restless sleep, tremors, other physical/mental systems, lowers stress hormones

Ease menstrual distress – calms muscle spasms and inflammation; check with a herbalist if you are planning a pregnancy

Eliminate Inflammation – ease pain and increase range of motion; This anti-inflammatory capacity can be good for digestion and gastrointestinal issues as well.

Diabetes – prevention and treatment

Reduce snoring – soothes nerves and promotes restful sleep

Herbalists for centuries have used Mistletoe for:

Epilepsy and other convulsive nervous disorders; Prevent atherosclerosis; Treat inflammation; Check internal haemorrhage; Strengthen muscle; Strengthen heartbeat; Boost immune system; Used for St Vitus's Dance; Delirium; Hysteria; Neuralgia; nervous Debility; Urinary Disorders; Heart disease; Weakened nervous system; Kidney problems; Anti-spasmodic; Hypertension; Infertility; Arthritis/rheumatism and joint pain; Diabetes – reduces blood glucose levels; High blood pressure; Gastrointestinal complaints; Wound healing; Treat coughing, sore throats and bronchitis; Headache; Uterus tightening; Ease menstrual cramps and pains; Child birth; Immunomodulatory; Anti-viral; Enhances memory; Well-being in the elderly

WILGA - Its beneficial properties are many - anticoagulant, antioxidant, antimicrobial, antiviral, anti-fungal, anti-parasitic, anti-cancer, anti-diabetic, analgesic, anti-inflammatory agents, anti-neurodegenerative disorders, including Alzheimer's and Parkinson's diseases, schizophrenia, anxiety and depression.

Works on boosting the immune system; Potent free radical scavenging activity; Muscular pain, muscle relaxant; Swelling joints; Anti-tumor; Anti-inflammatory; Anti-anxiolytic – inhibits anxiety; Muscle relaxant; Anti-hypersensitive – anti high blood pressure; Anti-arrhythmic; Anti-depressant; Anti-microbial; Inhibition of Sickle Cell formation; Anti-aging; anti-parkinsonism; P Helps alleviate anxiety; Headaches, pain relief, analgesic; Coughs, lungs, sinus; Great for Upper respiratory relief; anti-glaucoma; Steriodal; Anti-ulcer – stomach & upper; Intestinal ulcers; Anti-diuretic; Anorectic; Anti-histaminic; Anti-neoplastic; anti-HIV; Good for topical insect bites & repellent.

DISCLAIMER: This information is intended to be educational only and should not replace advice from a qualified herbal or medical practitioner. Information contained is written with the greatest possible care but does not exclude the possibility that because of developments in the field of herbal healthcare changes may occur without notice.

TULSI – Benefits

Rich antioxidant, anti-inflammatory, eliminates toxins, protects against radiation, colic, bronchial asthma, TB, rhinitis, SARS, influenza, colds, inhibits growth of E.Coli, supports liver function, digestive disorders, reduces blood sugar, potent agent against peptic ulcer

PROTOCOL TO PREVENT AND TREAT VIRUSES

Coronaviruses are most often responsible for the common cold and influenza viruses that produce flu in people with low pH levels. As oxygen levels continue to drop, you get infections.

Stage 4 Firewater – prevent and heal

Wilga & Gumpii Gumpii – two potent anti-virals from our own backyard in Australia

Bicarbonate of soda - increases the body's pH level – ¼ to ½ teas in half glass of water each day

Magnesium Chloride – has a unique healing power on acute viral and bacterial diseases

Ionic Iodine – is a must when dealing with deadly viruses

Vitamin D3 – stimulates “innate immunity” to viruses and bacteria. Very few have any idea that Vitamin D3 can be taken in high dosages like Vitamin C can. One of the greatest triggers of influenza, the swine flu and deaths from pulmonary deficiency is Vitamin D3 deficiency. Vitamin D3 reduces the risk of dying from all causes including the 'flu – 10,000 IU a day. Vit D3 10,000 IU in stock. Take of a morning. **Vitamin K2** in stock, one at night

Selenium deficiency may allow invading viruses to mutate and cause longer-lasting, more severe illness

PROTOCOL TO PROTECT FROM SPIKE PROTEIN SHEDDING

Gumpii Gumpii tincture – several drops a day

Boron – use aluminium free boron. Only a small amount is needed

Vitamin D3. 20,000 to 30,000IU a day, take for a few days, reduce or miss a day, then increase again. Take of a morning. **Vitamin K2** in stock, take one at night

Dandelion tea – leaf or root.

The same nutrient is in both **fennel and star anise**. Add to the dandelion tea or have separately. Use fennel vegetable as well.

PROTOCOL IF YOU HAVE VACCINE REACTION

Firewater, 20ml each morning for a month

Vit D3 70,000 to 80,000 IU a day for a month each morning. **Vit K2** one at night

Vit C

Ionic Zinc

Ionic Selenium

Magnesium Chloride

Fennel, star anise, dandelion as above

Ph Jen 0409 649770

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