



# Aftercare

## IMPORTANT TIPS TO MAINTAIN YOUR PMU EYEBROWS



Gently blot the area with a moistened cotton round about 2 hours after the service to clean off any lymph fluid



Wash GENTLY with mild cleanser AM/PM and PAT DRY



Let your brows dry out for 48 hours before applying a thin layer of aftercare balm



Do not rub, scratch or pick, instead apply aftercare balm for relief



Avoid direct sun exposure, including tanning beds for 4 weeks. Wear sunblock to protect your eyebrows



Avoid swimming, soaking, steam bath and facial treatments for the 1st week



Avoid active ingredients, botox, facials, laser or peels for 4 weeks