



# Pre/Post Care

## IMPORTANT PMU INFORMATION

### Prior to your Appointment:

- No Alcohol 24 hours before your appointment
- No tanning 1 week prior
- You cannot be pregnant or breastfeeding
- No Botox on brow area for a month
- No blood thinners
- No retinol products one more prior in brow area
- No antibiotics 2 months prior
- No working out prior to appointment

### For Lip Blush and Dark Lip Neutralization

- If you suffer from cold sores, you need to be taking Acyclovir at least 3 days prior to your appointment and continue to take it 3 days after the procedure
- No lip filler 3 weeks prior to the procedure and 3 weeks after the procedure
- Exfoliate and moisturize your lips prior to your appointment

### How to care for your new PMU:

After procedure, gently wipe off any body fluids w/ cotton pad or tissue. Your technician will provide aftercare lotion after your session, you may apply this throughout your healing process (apply whenever your tattooed area feels dry).

After 24-48 Hour after your procedure, you may gently splash lukewarm water onto tattoo and wipe clean cotton ball/cotton pad 2-3 times a day

### What to expect:

For the first 3-6 days, the color intensity of your procedure will be significantly darker, as well as larger and sharper than what is expected for the final outcome

Although tattoo will appear healed after 10 days, it will not be fully healed for 4-6 weeks to reveal the actual color, this is based on how quickly the outer layer of your skin exfoliates.

One procedure cannot guarantee desired outcome. In some cases, we need to see how our clients react to the pigment and review the dealing process after the first procedure. Therefore, we a touch-up visit is recommended within 3 months of the first procedure. In very complicated cases (involving removal/color correction/camouflage/scar tissue/iron disorder) an extra charge may apply on extra touch-ups.

### What NOT to do:

- DO NOT use soap/facial cleansers on pigmented areas (wash around them), pat dry with a clean towel.
- DO NOT use Vaseline or any petroleum-based products on your tattoo, as it blocks the skin from breathing
- DO NOT rub, scratch or pick any crust along the tattooed area. Easy removal of pigment crusts may result in lost color.
- DO NOT apply makeup on the pigmented are during the healing process (10-14 days)
- AVOID swimming, soaking, steam bath and facials for 1st week
- Avoid sun exposure (including tanning beds) during healing process
- DO NOT use exfoliants, retinol acids, or AHA's on the area for 30 days after the appointment, it will fade your tattoo prematurely.
- NO anti-aging products or facial products containing Alpha Hydroxyls (AHAs), Retin-A, Lactic or Glycolic Acids
- DO NOT get massages or facials or skin treatments during the healing process.

### Long term care:

- Use a good sunscreen daily on tattooed area(s) otherwise the color will fade faster.
- Our pigment is Organic based which your body slowly absorbs, the color will fade over time. You may desire touch-ups every 1-3 years.
- If you are planning a chemical peell MRI, or other medical procedure, please tell the technician that you have an iron-oxide cosmetic tattoo.
- If you are planning to have laser treatment, tell your laser specialist to avoid the pigmented area. Laser may cause pigment to darken.

