

# MARKET MENU

GLUTEN FREE TAMALES • SONORAN HERITAGE WHEAT TORTILLAS

## PLATES

Includes 2 sides and salsa bar

- 2-Tamale Plate..... \$11.59
- 3-Tamale Plate..... \$13.99
- Burrito Plate..... \$9.99
- Quesadilla Plate..... \$8.75
- Family Platter..... \$39.99

(8 tamales, 2 large sides, chips, 8oz salsa)



## TAMALE SALAD

Large green salad, red peppers, roasted corn, tomatoes, sprinkled with cold basmati rice salad, & topped with your choice of tamale.

- 1-Tamale Salad ..... \$9.69
- 2-Tamale Salad ..... \$11.59

## NACHOS

Just the Nachos ..... \$7.59

Street Corn Nachos ..... \$9.99

Chips with nacho cheese, roasted corn, cotija cheese, mayonnaise, chile powder/Tajin, cilantro, & lime.

Loaded Nachos ..... \$11.25

Chips with nacho cheese, your choice of beans, & your choice of meat topping - chicken, pork, or beef.

## TAKE HOME TAMALES

Single Pack Frozen ..... \$4.30

Twin Pack Frozen..... \$8.19

Tamale Meal Kit..... \$39.99

(8 frozen tamales, 2 cold large sides, chips, 8oz salsa)

Family Packs..... \$14.99

6 Red Chile Pork or Green Chile Cheese tamales

## READY TO EAT

### MEATY TAMALES

- Green Chile Pork & Cheese
- Green Chile Chicken
- Red Chile Beef

### VEGETARIAN TAMALES

- Green Chile & Cheese aka "Green Corn"
- Black Bean & Cheese

### VEGAN TAMALES

- Blue Corn & Veggie
- Vegan Green Chile

Ask About Our  
SEASONAL  
TAMALE

## BUILD YOUR OWN BURRITO \$9

### TORTILLA

- Regular
- Jalapeño

### BEANS

- Pinto
- Black
- No beans

### RICE

- Spanish Rice
- No rice

### MEATS

- Beef
- Chicken
- Pork
- Bacon
- Chorizo
- Tamale of choice
- No meat

### SAUCE

- Red
- Green
- Chipotle
- No sauce

### OTHER

- Sour Cream +\$1
- Guacamole +\$1
- Cheese +\$1
- Pico de Gallo
- Eggs
- Potatoes
- Green Chiles +\$1
- Nacho Cheese +\$1

## SIDES

- Spring Salad (counts as 2 sides)
- Cold Basmati Rice Salad
- Hot & Spicy Spanish Rice
- Pinto Beans
- Mexican Slaw
- Chips & Salsa
- Seasonal Side

All vegan - Mexican Slaw includes honey

**A LA CARTE**

- CHIPS & SALSA BAR (\$4.29)
- CHIPS & GUACAMOLE (\$5.47)
- BIG SALAD (\$7.49)
- GUACAMOLE  
2oz (\$4.29), 4oz (\$5.49), 8oz (\$9.75)
- BLACK OR PINTO BEANS  
8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)
- MEXICAN SLAW  
8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)
- HOT SPANISH RICE  
8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)
- COLD BASMATI RICE  
8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)



**DRINKS/DESSERT**

**DRINKS**

- Fountain Drink .....\$3.50
- Jarritos .....\$3.50
- Bottled Water.....\$3.50
- Fresh Brewed Tea.....\$3.50
- Mexican Coca Cola .....\$3.99
- Horchata/Jamaica.....\$3.50

**DESSERT**

- Triple Chocolate Brownie.....\$3.99

**HANDMADE HERITAGE  
WHEAT TORTILLAS  
MADE FRESH IN MARKET!**

5" (\$4.00), 8" (\$5.00)



**SALSAS**

**SHERRY'S MILD RED**

8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)

**COLETTE'S MEDIUM GREEN**

8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)

**TODD'S SMOKEY CHIPOTLE**

8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)

**PICO DE GALLO**

8oz (\$3.99), 12oz (\$5.49), 32oz (\$12.25)



**SEND THE TASTE OF TUCSON  
ANYWHERE IN THE US!**

TucsonTamale.com



**VISIT OUR MARKET WEBSITE**

Keep up to date with all menu items and market items available.

Market.TucsonTamale.com

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