

## Brush with Shadow

Remember to brush at least twice daily

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## BRUSH CHART

Monday:	morning O	evening
Tuesday:	morning O	evening
Wednesday:	morning O	evening O
Thursday:	morning O	evening O
Friday:	morning O	evening O
Saturday:	morning O	evening O
Sunday:	morning O	evening



Download more weekly brushing checklists for your child at Brusheez.com