



Brush with Pepper

Remember to brush
at least twice daily

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BRUSH CHART

Monday:

morning

evening

Tuesday:

morning

evening

Wednesday:

morning

evening

Thursday:

morning

evening

Friday:

morning

evening

Saturday:

morning

evening

Sunday:

morning

evening

Brushieez
Kids' Electric Toothbrush Set

Download more weekly brushing
checklists for your child at Brushieez.com