

# Palmer's

## DIY GARDENING PROJECTS ★ FOR KIDS ★

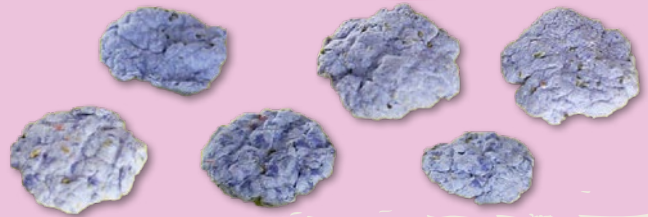
# Wildflower Seed Bombs

## You will need

- Old paper
- Wildflower seeds
- Bucket
- Blender
- A few bowls
- A colander



These eco-friendly balls hold seeds together with recycled school papers, junk mail or newspapers. Scatter them in your garden and watch your wildflowers grow!



## Instructions

### Step 1.

Tear up paper into small pieces and place them in a large bowl. The smaller the pieces, the better. Fill the bowl with water and let the paper soak while you tear more paper.

### Step 2.

Fill a blender 1/3 full with the soaked paper. Pour water about 30 - 50 mm above the paper. With an adult present, blend until you have mushy pulp. The consistency should be like oatmeal.

### Step 3.

Place a colander inside a bowl. Pour your blended paper into the colander to drain the water. Continue until you have blended all your soaked paper.

### Step 4.

Pour the paper from the colander into a separate bowl. Don't squeeze all the water out since it will help the balls keep their shape. Finally mix in the seeds with your hands.

### Step 5.

Pick up a small handful of the mixture, squeeze out as much water as you can, roll it into a firm ball. Place on a drying rack or stack of newspaper to dry.

### Step 6.

After your seed bombs have dried, they're ready to be scattered in your garden.

Check out [palmers.co.nz](http://palmers.co.nz) for more great ideas!

