



### Ilabb Men's - Size Chart

Size	Chest (cm)	Waist (cm)
XS		71
S	91-96	76
M	96-101	81
L	101-106	86
XL	106-111	91
XXL	111-116	96
XXXL	116-121	101

To Measure Chest: Chest measure around the fullest part, across the chest points, keeping the tape horizontal.

To Measure Waist: measure around your waist where your trousers would normally sit.

### Ilabb Women's - Size Chart

Size	Bust (cm)	Waist (cm)	Hip (cm)	UK / NZ / AUS	US / Canada	Europe
XXS	80	62	86	6	2	32
XS	85	67	91	8	4	34
S	90	72	96	10	6	36
M	95	78	101	12	8	38
L	100	82	106	14	10	40
XL	105	87	111	16	12	42

To Measure Bust: With your top off, measure around the fullest part of your bust and under the arms. Keep tape straight across your back.

To Measure Waist: Measure around the narrowest part of your natural waist.

To Measure Hip: Stand with your legs and feet together and measure around the fullest part of the hips. (approx 20cm down from your natural waistline).