

## WEEKLY MEAL PLANNER

23.10.23 - 27.10.23

MAIN: SLOPPY JOE PIZZA BREAD

APPROX. 30 MIN



MAIN: MIDWEEK RISOTTO WITH FLAVOURS OF THAILAND

APPROX. 1 HOUR 20 MIN



MAIN: MOROCCAN LAMB WITH QUINOA SALAD & PEACH CHUTNEY

APPROX. 1 HOUR 20 MIN



MAIN: APRICOT & SAGE CHICKEN

APPROX. 40 MIN



MAIN: COCONUT CHICKEN WITH SATAY DIPPING SAUCE

APPROX. 30 MIN

SIDE: KALE & ZUCCHINI ORZO

APPROX. 30 MIN

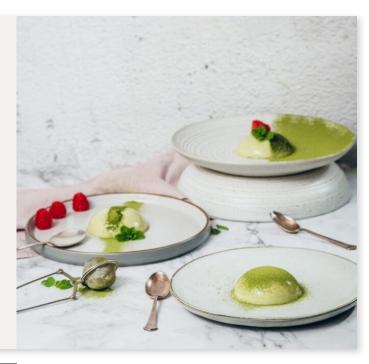


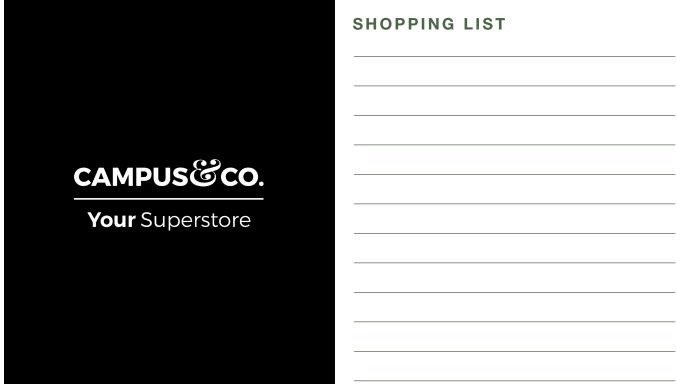
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MATCHA ROSE PANNA COTTAS

APPROX. 20 MIN





"Always looking out for the next El Gusto recipes, all so tasty and most ingredients are what you would keep in the pantry so makes it easier! Thanks so much."