

SPRING COLLECTION

WEEKLY MEAL PLANNER



BROUGHT TO YOU BY *el gusto*

WEEKLY MEAL PLANNER

23.10.23 - 27.10.23

MONDAY

MAIN: SLOPPY JOE PIZZA BREAD

APPROX. 30 MIN



TUESDAY

MAIN: MIDWEEK RISOTTO WITH FLAVOURS OF THAILAND

APPROX. 1 HOUR 20 MIN



WEDNESDAY

MAIN: MOROCCAN LAMB WITH QUINOA SALAD & PEACH CHUTNEY

APPROX. 1 HOUR 20 MIN



THURSDAY

MAIN: APRICOT & SAGE CHICKEN

APPROX. 40 MIN



FRIDAY

MAIN: COCONUT CHICKEN WITH SATAY DIPPING SAUCE

APPROX. 30 MIN

SIDE: KALE & ZUCCHINI ORZO

APPROX. 30 MIN



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WEEKEND INSPIRATION

MATCHA ROSE PANNA COTTAS

APPROX. 20 MIN



CAMPUS & CO.
Your Superstore

SHOPPING LIST

"Always looking out for the next El Gusto recipes, all so tasty and most ingredients are what you would keep in the pantry so makes it easier! Thanks so much."

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