Ladies measuring chart easy b





This is a guide only. To ensure correct fitting footwear seek professional shoe fitting advice,

Instructions: When measuring your feet please remember to wear the socks/hosiery you would normally wear for this type of footwear.



To Measure Length

- 1. Place this chart on the floor against a wall (or other vertical object) so that point A is touching the wall.
- 2. Place each foot as shown and select the size from the first clear line above the longest toe. Your size is the largest of your feet.



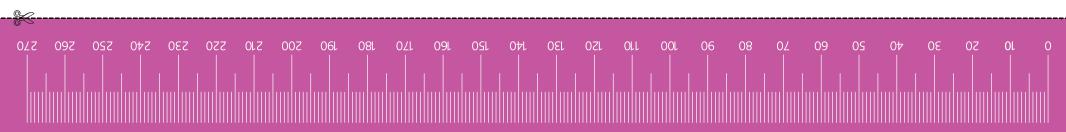
SIZE	E	EEE	EE	4E)	(EE)	(SE)
3	212	224	218	230	243	255
4	218	230	224	237	249	262
5	224	236	230	243	256	268
6	230	242	237	249	262	275
7	237	249	243	256	268	281
8	243	255	249	262	275	287
9			256	268	281	293
10			262	275		
11			268	281		
12			275	287		

To Measure Width

- 3. Cut out the tape measure along the dotted line.
- 4. Measure the circumference of your feet as shown above ensuring the tape measure goes across the big toe and little toe joint (the widest part of the foot). Your width measurement is the largest circumference of your feet. To get the correct measurement ensure that your weight is fully on the foot.

To Find Your Fitting

5. Find your size on the left hand column of the table eg. size 5. Then move across the table until you find the square which is higher than your width measurement eg. if you measured size 5 and width 248mm, your size fitting would be 5, 6E.



The distance between these two points must be exactly 277mm to ensure the chart is the correct size. You must check this with a ruler or tape measure.

It is vital that the above measurement is correct to obtain your fitting. Cut along the dotted line at the top and bottom of this page.

If the measurement is less DO NOT proceed with a fitting as the scaling will be incorrect. Please refer to point 2 on page 2.

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Instructions

- 1, Print page 2 and 3 of this document on A4 paper, Ensure you select the highest quality for your particular printer.
- 2. In the Print Dialog window, Page Scaling must be set to 'None'. If 'Reduce to Fit' is selected the chart will be printed out smaller, resulting in incorrect measurements.

Cut along

- 3, When printed, measure with a ruler or tape measure between the red arrows, It must measure exactly 277mm
- 4. Cut along the dotted lines at the bottom of this page, and the top and bottom of page 3.
- 5. Join together with adhesive tape the bottom of this page, with the top of page 3. They must butt together exactly, if they overlap the chart will be incorrect.
- 6. You now have a correctly sized measuring chart, follow the instruction on page 1 and measure your feet.

size 12 —	
size 11	
size 10 —	
size 9	
size 8	
size 7	
size 6	
size 5	
size 4	
size 3	
the dotted line.	

