

Support protocol

Using NucleoSpin® RNA XS for difficult-to-lyse tissue (Rev. 03)

This support protocol can be tried for RNA isolation from difficult-to-lyse tissue, such as cerebellum, heart, or skeletal muscle, using the NucleoSpin® RNA XS kit.

1. Add **120 µL** of **Buffer RA1** to the sample. Homogenize with **NucleoSpin® Filter**, homogenizer, or with a syringe and a needle.
2. Incubate **5 min** at **room-temperature**, then vortex well.
3. Centrifuge at **14,000 x g** for **5 min** to remove debris.
4. Carefully transfer supernatant to a new tube. Avoid pipetting pelleted material.
5. Add **90 µL** of **96 - 100% ethanol** to the sample, mix very well by vortexing.
6. Centrifuge at **14,000 x g** for **10 min**. Discard as much supernatant as possible.
7. Air-dry.
8. Add **15 µL** of **RNase-free water** to the pellet and resuspend completely.
9. Add **100 µl** of **Buffer RA1**, mix by pipetting and light vortexing.

Continue with step 2 of the standard protocol.