# Knight Wellness

## VITALITY SHIELD MULTI CHEWABLES

**BIOACTIVE MULTIVITAMIN/MULTIMINERAL** 



#### **HEALTHY, TASTY CHEWABLES**

For many parents, the need for supplementation is obvious. Fast food, a mainstay for so many children, simply does not provide the nutrition that young people need. While supplements cannot replace a good diet, **Vitality Shield Multi Chewables**, formulated for children, lower the risks associated with a poor diet.\*

There are two sets of criteria that can be used to evaluate a supplement, which are not always satisfied in commercial brands.\* **Vitality Shield Multi Chewables** meet both of the following needs:

- Parents are concerned with what is in the supplement and how it will benefit their child.\*
- Children are primarily concerned with the taste and texture of what is being put into their mouths.

Contrary to popular belief, pleasant taste can be achieved without the empty calories of refined sugar. **Vitality Shield Multi Chewables** are flavored only with a small amount of natural cane juice for a unique and pleasing flavor.

Many children's multivitamin/mineral formulas contain only a few (usually 10-11) essential nutrients and have very poor bioavailability.\*

Vitality Shield Multi Chewables include 24 essential nutrients.

Only **Vitality Shield Multi Chewables'** complete formula includes the following important nutrients for children that others leave out.\*

- Chromium aids in sugar metabolism.\*
- Silica promotes bone, hair, skin, and connective tissue health.\*

- Manganese is important for sugar metabolism and bone and connective tissue health.\*
- · Biotin promotes proper fat, protein, and sugar metabolism.\*

What you don't find in supplements is often just as important as what you do find. **Vitality Shield Multi Chewables are free of iodine, iron, and copper. These nutrients should always be taken separately.** When included in a multiple formula, they can oxidize the antioxidants and cause free radical damage. Additionally, iron should always be taken separately as it competes with calcium and zinc.\*

#### SOME ADULTS PREFER CHEWABLES.

Vitality Shield Multi Chewables are not only complete for kids, but offer a viable alternative for adults as well. Many adults do not like to swallow pills. For individuals who are in need of detoxification and are required to build up their dosage slowly, Vitality Shield Multi Chewables offer greater control in dosing.\*

#### **SETTING A HIGHER STANDARD**

Vitality Shield Multi Chewables are an exceptionally pure product, using only pharmaceutical grade ingredients. These ingredients are combined in biologically correct proportions, with the natural transporters and cofactors necessary for maximum activity. This means much more active uptake and utilization.\*

The Food and Drug Administration (FDA) does not regulate the activity of vitamins. Consequently, vitamins need not be manufactured to pharmaceutical standards or tested for bioavailability. In fact, the tablet binders and fillers that can overwhelm or contaminate active ingredients are often not listed on the label. This is a particularly important issue for individuals who are sensitive. We test our products to guarantee all label claims.\*

**Vitality Shield Multi Chewables** use active vitamin D3, eliminating the question of vitamin D toxicity.

The natural forms of the nutrients in **Vitality Shield Multi Chewables** are suitable for people who are sensitive to the citrus products used in most chewable formulas; **Vitality Shield Multi Chewables** do not contain rose hips or hesperidin (citrus) flavonoids.

#### ONE (1) VITALITY SHIELD MULTI CHEWABLE PROVIDES

#### **ENERGIZED NUTRIENTS**

Vitamin A (beta-carotene)	1,500 mcg. RAE
Vitamin B-1 (thiamine HCl)	5 mg.
Vitamin B-2 (riboflavin)	5 mg.
Vitamin B-3 (niacinamide)	8 mg. NE
Vitamin B-5 (calcium d-pantothenate)	5 mg.
Vitamin B-6 (pyridoxine)	5 mg.
Vitamin B-12 (hydroxocobalamin)	5 mcg.
Vitamin C (as 100% l-ascorbate, fully reduced, corn free).	
Vitamin D-3 (cholecalciferol)	5 mcg.
Vitamins E** (from mixed natural tocopherols)	20 mg.
Folinate (as calcium folinate)	
Calcium (as gluconate)	50 mg.
Magnesium (as gluconate)	
Manganese (as gluconate)	
Zinc (as citrate and aspartate)	
Chromium (as picolinate and ascorbate)	
Selenium (as I-selenomethionine)	
Biotin (pure crystalline)	
Choline (citrate)	
Inositol	
PABA (para-aminobenzoic acid)	0.5 mg.
Quercetin dihydrate (water-soluble bioflavonoid)	
Potassium (as gluconate)	
Silica (from equisetum botanical)	
Magnesium (as C16 and C18 alkylst)	
tfrom whole, untreated palm fruit and leaf	5
Mannitol	200 ma.
Organic whole cane juice	5
100% Whole raspberry fruit extract	
100% Whole cherry fruit extract	<b>J</b>
roos millione onen y mar extract.	

### Other Ingredients: None \*\*Vitamins E is stated to reinforce the fact that alpha, beta, gamma, and delta forms of natural tocopherols are used

#### WARNING

Pregnant and nursing mothers need to check with their health professional before taking supplements.

#### TYPICAL DOSAGE FOR CHILDREN

Take one (1) Vitality Shield Multi Chewable for each 25 pounds of body weight per day.

#### TYPICAL DOSAGE FOR ADULTS

Take one (1) to eight (8) Vitality Shield Multi Chewables per day. Eight (8) Vitality Shield Multi Chewables equals the benefit of one (1) Abundant Multi

#### REFERENCES

1. Subar AF, Krebs-Smith SM, Cook A, Kahle LL: Dietary sources of nutrients among US children, 1989-1991. *Pediatrics* 1998 October; 102(4Pt 1): 913-923.



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