Knight Wellness

PROSTATE SHIELD

POTENT NUTRITIONAL REPAIR
AND PROTECTION



NEED FOR PROSTATE SHIELD

Prostate Shield is an essential supplement for any man over age 40. This formula provides potent, natural support for prostate function.*

Prostate Shield is the first and only prostate formula to combine the following eight scientifically validated, synergistic herbs and nutrients:

- Saw Palmetto (Serenoa repens) is the most extensively studied herb for prostate function. The saw palmetto in Prostate Shield provides 85% to 95% active fatty acids from the oil of the saw palmetto berry. It is the most active saw palmetto available.*
- Pygeum (Pygeum africanum) has also been scientifically substantiated to benefit prostate health. Prostate Shield combines pygeum with saw palmetto berry for powerful, synergistic prostate support.*
- 3. Lycopene, a super potency antioxidant carotenoid, is specifically recommended for healthy prostate function. This formula provides a full 12 mg of fully bioavailable lycopene. In contrast, other prostate products offer a

lycopene complex that is only 2% to 3% active.

- **4. Nettle** (Urtica contains vitamin C, iron, and other prostate-supportive nutrients).*
- **5. Linoleic acid** is an essential polyunsaturated, omega 6 fatty acid found in pumpkin seed oil.
- **6. Linolenic acid** is an essential polyunsaturated, omega 3 fatty acid found in pumpkin seed oil.
- 7. Zinc picolinate is an essential mineral for prostate health.
- **8. Selenium** (as I-selenomethionine) is also an essential mineral for prostate health.

PROSTATE SHIELD DIFFERENCE

The synergy of these eight prostate vitality factors brings effective results in just a few days. In contrast, other formulas proudly proclaim that in just three to four months you can expect to feel results.*

This vegetarian, hypoallergenic formula provides eight prostate-

nourishing compounds in their most active, beneficial forms. This synergized combination sets **Prostate Shield** apart from all other prostate formulas.

SAW PALMETTO TRIALS SHOW RESULTS

A clinical trial explored the impact of saw palmetto berry extract on benign prostatic hyperplasia (BPH). Eightynine urologists enrolled BPH patients between the ages of 41 and 89.

Of the 315 patients who took 160 mg of saw palmetto extract twice a day for three years, most reported substantial benefit.

At the end of the study, 75% of the patients reported improvements in nocturia and the sensation of incomplete voiding. Most patients experienced some relief within just six months. Over 80% of the patients and physicians reported that the effectiveness and tolerance of the herbal treatment was "good" or "very good."*

Typically, BPH patients experience a 24% to 58% deterioration of prostate function over two to five years. However, in this study, the deterioration rate was only 13.6%.*

The sterols in saw palmetto berry neutralize harmful testosterone metabolites, which is beneficial for BPH patients.*

FOUR (4) PROSTATE SHIELD SOFTGELS PROVIDE		
ESSENTIAL NUTRIENTS		
Serenoa repens (saw palmetto - 85-95% energized fatty acids)		320 mg.
Lycopene (pure, free, bioactive)		12 mg.
Pygeum africanum extract (pygeum - 13-14% beta sitosterols)		120 mg.
Urtica dioca root (stinging nettle)		40 mg.
Pumpkin seed oil		665 mg.
Palmitic		613 mcg.
Stearic		307 mcg.
Oleic		1,481 mcg.
Linoleic (essential fatty acid)		2,963 mcg.
Linolenic (essential fatty acid)		53 mcg.
Zinc (picolinate)		20 mg.
Selenium (I-selenomethionine)		200 mg.
Glycerin (vegetable)		233 mcg.
Carob extract		72 mg.
Lecithin (rice)		29 mg.
Beeswax		72 mg.
Kosher gelatin		418 mg.
Water (deionized, pure)		369 mg.
Beta-carotene		4 mg.
Ascorbyl palmitate		10 mg.
Other Ingredients: None		
WARNING	TYPICAL DOSAGE	
Pregnant and nursing mothers need to check with their health professional before taking supplements.	Directions: As a dietary supplement, take four (4) softgels daily with meals or as directed by your healthcare professional.	
a series taking cappionion	Available in bottles of 100 softgels.	

REFERENCES

- 1. Schleich S, Papaioannou M, Baniahmad A, Matusch R. Extracts from Pygeum africanum and other ethnobotanical species with antiandrogenic activity. *Planta Med* 2006 Jul;72(9):807-13. Epub 2006 Jun 19.
- 2. Buck AC. Is there a scientific basis for the therapeutic effects of serenoa repens in benign prostatic hyperplasia? Mechanisms of action. *J Urol* 2004 Nov;172(5 Pt 1):1792-9.



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