

## HOW TO CONTACT YOUR LEGISLATORS

### The President of the United States:

1. By email: [www.whitehouse.gov](http://www.whitehouse.gov) — follow instructions on website to email the President
2. By phone: Comments (202) 456-1111 or Switchboard (202) 456-1414
3. By mail: The Honorable Donald J. Trump, President  
The White House  
1600 Pennsylvania Avenue NW  
Washington, DC 20500

### Congress:

1. By phone: (202) 225-3121
2. By email: Contact an individual legislator by typing in Contact \_\_\_\_\_ (specific name of legislator). For example, "Contact Mark Warner" and then follow instructions on their website
3. By mail or by phone:

### United States Senate:

The Honorable Tim Kaine (202) 224-4024  
231 Russell Senate Office Building  
Washington, DC 20510  
[www.kaine.senate.gov](http://www.kaine.senate.gov)

The Honorable Mark Warner (202) 224-2023  
475 Russell Senate Office Building  
Washington, DC 20510  
[www.warner.senate.gov](http://www.warner.senate.gov)

### United States House of Representatives:

The Honorable Scott Taylor (202) 225-4215  
412 Cannon House Office Building  
Washington, DC 20515  
[www.taylor.house.gov](http://www.taylor.house.gov)

### The Virginia General Assembly

[www.virginiageneralassembly.gov](http://www.virginiageneralassembly.gov) — one also can follow specific bills on this site

### Governor:

The Honorable Terry McAuliffe (804) 786-2211  
Office of the Governor  
1111 East Broad Street  
Richmond, VA 23219

Email: Type in "Contact Governor McAuliffe" and follow instructions on his website.

## Senate and House:

1. By email: Contact an individual legislator by typing in Contact \_\_\_\_\_ (specific name of legislator). For example, "Contact Bill DeSteph" and then follow instructions on their website
2. By mail or by phone:  
All Senators can be reached at General Assembly Building, Richmond, VA 23219  
All Delegates can be reached at General Assembly Building, Richmond, VA 23218

Our legislators in The Virginia General Assembly are the following:

### Senate:

The Honorable Bill DeSteph  
General Assembly Building Room 303 (804) 698-7508  
Richmond, VA 23219  
588 Central Drive, Virginia Beach, VA 23454 (757) 965-3700  
Email: [district08@senate.virginia.gov](mailto:district08@senate.virginia.gov)

The Honorable Frank W. Wagner  
General Assembly Building Room 304 (804)698-7507  
Richmond, VA 23219  
P. O. Box 68008, Virginia Beach, VA 23471 (757) 228-3333  
Email: [district07@senate.virginia.gov](mailto:district07@senate.virginia.gov)

### House:

The Honorable Jason Miyares  
General Assembly Building Room 410 (804) 698-1082  
Richmond, VA 23218  
618 Village Drive, Suite J  
Virginia Beach, VA 23454 (757) 353-4696  
Email: [DelJMiyares@house.virginia.gov](mailto:DelJMiyares@house.virginia.gov)

The Honorable Chris Stolle  
General Assembly Building, Room 420 (804) 698-1083  
Richmond, VA 23454  
P. O. Box 5429,  
Virginia Beach, VA 23471 (757) 633-2080  
Email: [DelCStolle@house.virginia.gov](mailto:DelCStolle@house.virginia.gov)

The Honorable Barry D. Knight  
General Assembly Building Room 415 (804) 698-1081  
Richmond, VA 23218  
1852 Mill Landing Road Virginia Beach, VA 23457 (757) 426-638  
Email: [DelBKnight@house.virginia.gov](mailto:DelBKnight@house.virginia.gov)

The Honorable Glenn R. Davis, Jr.  
General Assembly Building Room 416 (804) 698-1084  
Richmond, VA 23218  
2604 Barrett Street, Suite 200  
Virginia Beach, VA 23452 (757) 802-4982  
[DelGDavis@house.virginia.gov](mailto:DelGDavis@house.virginia.gov)

The Honorable Ron A. Villanueva  
General Assembly Building Room 503 (804) 698-1021  
Richmond, VA 23218  
P. O. Box 61005,  
Virginia Beach, VA 23466 (757) 955-3522  
Email: [DelRVillanueva@house.virginia.gov](mailto:DelRVillanueva@house.virginia.gov)

The Honorable Joseph Lindsey  
General Assembly Building Room 505 (804) 698-1090  
Richmond, VA 23510  
500 East Plume Street, Suite 105  
Norfolk, VA 23510 (757) 623-6522  
Email: [DelJLindsey@house.virginia.gov](mailto:DelJLindsey@house.virginia.gov)

### Virginia Beach City Council

[www.vb.gov](http://www.vb.gov)

1. By phone: (757) 385-3111
2. By email to all city council members: [ctycncl@vbgov.com](mailto:ctycncl@vbgov.com)
3. By mail: City Hall, Building #1  
2401 Courthouse Drive  
Virginia Beach, VA 23456

Th Honorable William D. Sessoms, Jr — Mayor (757) 385-4581  
Email: [wsessoms@vbgov.com](mailto:wsessoms@vbgov.com)

The Honorable Louis R. Jones — Vice Mayor, Bayside (757) 583-0177  
Email: [lrjones@vbgov.com](mailto:lrjones@vbgov.com)

The Honorable Jessica Abbott — Kempsville (757) 577-2068  
Email: [jabbott@vbgov.com](mailto:jabbott@vbgov.com)

The Honorable Bob Davenport — At Large (757) 425-6611  
Email: [bdavenpo@vbgov.com](mailto:bdavenpo@vbgov.com)

The Honorable Robert M. Dyer — Centerville (757) 467-3130  
Email: [bdyer@vbgov.com](mailto:bdyer@vbgov.com)

The Honorable Barbara M. Henley — Princess Anne (757) 426-7501  
Email: [bhenley@vbgov.com](mailto:bhenley@vbgov.com)

The Honorable Shannon Kane — Rose (757) 802-3236  
Email: [skane@vbgov.com](mailto:skane@vbgov.com)

The Honorable John D. Moss — At Large (757) 363-7745  
Email: [jdmoss@vbgov.com](mailto:jdmoss@vbgov.com)

The Honorable John E. Uhrin — Beach (757) 425-5222  
Email: [juhrin@vbhotels.com](mailto:juhrin@vbhotels.com)

The Honorable Rosemary Wilson — At Large (757) 422-0733  
Email: [rcwilson@vbgov.com](mailto:rcwilson@vbgov.com)

The Honorable James L. Wood — Lynnhaven (757) 785-4342  
Email: [jlwood@vbgov.com](mailto:jlwood@vbgov.com)

City Manager:

Mr. Dave L. Hansen (757) 385-4242  
City Manager  
City Hall, Building # 1  
2401 Courthouse Drive  
Virginia Beach, VA 23456  
Email: [cmoffice@vbgov.com](mailto:cmoffice@vbgov.com)