

G R O U N D C O V E R

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JANUARY 2019



Wednesday, January 16th
(horticulture to be placed prior to 10:00 am)
10:30 am VBGC Meeting at PACC

Speaker: *Jill Bieri*-Director of the Nature
Conservancy's Coast Reserve

Lunch \$22 to PACC

Special thanks to Jodie Berndt,
Molly Rueger and
their committee for a beautiful,
festive Holiday Coffee



Recycle Reminder-

bring used batteries
and medication bottles
to VBGC meetings
*take your plastic
bags to Harris Teter

January 19th
9-12 am

E-Cycling
Virginia Aquarium and
Marine Science Center
East Parking Lot
dropoff

computers, phones, printers,
hazardous waste, light bulbs, paint,
auto fluids, chemicals, pesticides



Sharpen those "Hort Tips" !

Winter is the perfect time to get
garden tools sharpened (check
with our local hardware stores)
and to prune deciduous trees
and shrubs

Pretty Pansies ...



and more beautiful

Amaryllises



Events

January

- 25-27 "Rhythm in Hues" Standard Flower Show,
Convention Center
30 GCV Legislative Day

February

- 13 Joint Meeting with JVBGC PACC 10:00 am
13 Linda Jane Holden, author, *The Gardens of
Bunny Mellon*, The Garden Club of Norfolk,
NYCC
24-27 GCA National Legislative Day, Washington DC
28 VBGC Dues Deadline 175, and letters
requesting change of status deadline (due in
writing to Jane Booth)

March

- 12 Jane Godshalk, Longwood Gardens, Princess Anne
Garden Club, PACC
15 New Member proposals due to VBGC
Admissions Committee
20 VBGC Meeting PACC
27-28 GCV Daffodil Show, Louis Ginter Botanical
Garden, Richmond, Virginia



Congrats to
Mary Denny on
a GCA
shoutout for
all of the terrific
leadership she
demonstrates
on behalf of
Zone VII



January DeTox Soup Recipe

Ingredients:

- 2 skin-on bone-in chicken breasts (about 1 1/2 pounds)
- 3 lemongrass stalks, trimmed and pounded
- 1 4-inch piece fresh ginger, peeled and sliced
- 1 carrot, cut into large pieces
- 1 stalk celery, cut into large pieces
- 1 shallot, peeled and halved
- 1 bay leaf
- 1/2 teaspoon black peppercorns
- 1 dried Thai chile
- Washer salt
- 1 5-ounce package baby spinach, coarsely chopped

Directions:

1 Add the chicken, lemongrass, ginger, carrot, celery, shallot, bay leaf, black peppercorns, Thai chile and 1 teaspoon salt to a large Dutch oven or soup pot. Add 6 cups cold water and place over medium heat. Bring the soup to a simmer, skimming off any residue that may come to the top. Reduce the heat to low, cover and cook for 45 minutes or until the chicken is cooked through. Turn off the heat and allow the soup to cool for about 30 minutes.

2 Remove the chicken from the soup and shred the meat, discarding the bones and skin. Strain the stock, discarding the solids, and return the liquid to the pot. Add the shredded chicken back into the stock, along with the spinach, and bring the soup to a simmer over medium-high heat. Serve immediately.

Cook's Note

Lemongrass adds a subtle citrusy flavor to this soup. Smash the stalks with the flat side of a knife to release the oils.

The Virginia Beach Garden Club Attendance: Active Members - 53 Associates - 8
General Membership Meeting
Wednesday December 12, 2018
Christmas Tea at the home of Jodie Berndt

President Lou Flowers called the meeting to order at 10:30AM. She thanked Jodie for opening her home and Molly Rueger and her team for their hospitality. Pam Pruden delivered the collect. Lou thanked Nancy Freeman for hosting the club's Christmas Party at her home. She thanked Pam Pruden for the floral arrangements as well as head hostesses Jane Booth, Molly Ill and their entire team.

OFFICER AND COMMITTEE REPORTS

- There were no minutes from November to approve as we did not hold a monthly business meeting. The following addition was made to the October 2018 minutes : Molly Ill, Nominating Chair, presented the Admissions Committee slate for membership approval. The slate will be Cheryl Jordan, Emily Mills, Bev Sessoms, Holli Wachtmeister and Beth Munford. The October minutes were approved with this addition.
- **President Lou Flowers** reported that the Fall Flower Festival was successful. Numbers and details will be addressed during the next membership meeting which will be held on 1/16 at the PACC. Our speaker will be Jill Bieri, Director, Nature Conservancy's Coast Reserve.
- **VB Fund Cheryl Jordan** reported that the Virginia Beach Garden Club Fund has a balance of \$97,110.36.
- **Treasurer, Ann Malbon** had no report.
- **Horticulture Kate Michaels** reminded attendees that we show horticulture in January.
- **Conservation Audrey Parrott** had no report.
- **Groundcover Karen Woodard** had no report, but Lou thanked her for her work.
- **Floral Design Alice Koizol** announced the the arranging workshop on 1/15 with Pam Pruden is full. There will be another workshop in March and members may sign up at the January meeting.

NEW BUSINESS

- Lou made the following announcements:
 - The Garden Club of Virginia Rose Collection is available on the GCV website.
 - Welcome back to Allison McDuffie after her hospitalization.
 - Sandra Baylor recently lost her stepmother.
 - Latane Brown has just undergone foot surgery.
 - Please keep Meredith Rutter, Margrit Corcoran, and Kay Shifflett's husband's health in our thoughts.
 - We wished Martha Goodman a happy birthday.

The meeting was adjourned at 10:43am.

Allison McDuffie
VBGC Recording Secretary