

## **Melanie Oldenberg – International Model**

I am the past and present face of SPORT LÉ MODA. As soon as I saw the pieces I fell in love with them. It is great to be a part of a fashion forward local brand. I have always lived a fit and active life however this became so important when I signed as an international model. For the past 4 years I've worked overseas and have had to work hard to stay healthy and slim for the industry. Keeping my fitness in check is essential!

I train 6 days a week doing all sorts of fitness programs. My absolute favorite class at

Facilities fitness is boxing. I find any type of exercise helps me feel more comfortable working within the modeling industry. I stick to a low carb, low sugar diet, however I often like to treat myself 😊