

INGREDIENTS

500g dates 50g walnuts 5 Plain Marie biscuits 50g dried apricots 50g cashews, roasted 50g desiccated coconut Garnish of your choice: 100g chocolate powder 100g pistachios, crushed 20g desiccated coconut

METHOD

Place all the main ingredients (except the coconut) in a food processor and pulse thoroughly.

Sprinkle the desiccated coconut into a 20cm x 20cm tray. Spread the date mixture over the coconut and roll it out with a rolling pin.

Slice into squares and, to finish, sprinkle with the chocolate powder, crushed pistachio and more desiccated coconut.