



Base Camp
k2.com.au

SOUTH AMERICA GEAR LIST

GENERAL HIKING - TRAMPING - MACHU PICCU

Highest Point Mt Aconcagua - 6962m 22,841 ft

K2 Base Camp
140 Wickham Street, Fortitude Valley,
Brisbane Qld 4006
Ph 07 3854 1340 Fax 07 3854 1281

Team Member: _____

BOOTS

Boots - Light weight -Full leather
ASOLO & LOWA

WATER BOTTLES

1x NALGENE
Clear bottles help to see the nasties

SUNSCREEN

1x 30 + sunscreen
1x lipbalm

SHOES - SANDALS

Light and synthetic
SOURCE

HYDRATION KIT

Optional
CAMELBAK 3ltr - 2ltr Bladder
SOURCE

INSECT REPELLENT

Bushmans
Rid - great for midgies

SOCKS / LINERS

Min. 4x pairs of good fitted socks
MUND SOCKS - Adventurer - teide

WATER TREATMENT

Recommended
micropur - iodine tablets

1ST AID KIT

1x Blister kit, Imodium, Diamox, Aspirin,
Antibiotics, Strepsils etc.
EQUIP

GAITERS

Purpose to stop mud, water, stones getting
into your boots - Optional
OUTDOOR RESEARCH

CLOTHING T-SHIRTS

1 X Long Sleeve Shirt - Quick drying!
2 X T - Shirts Synthetic or Merino wool

SUNHAT

Wide brim is best. Lightweight
OUTDOOR RESEARCH

TREKKING POLES

2 x for full stability
MASTERS

PANTS

1 x Quick Drying pants
1x Soft shell pants (Optional)
OUTDOOR RESEARCH

RE HYDRATION POWDER

RUCKSACK

65 - 90ltr packs
Multi day walks
LOWE ALPINE

SHORTS

1 X Shorts
Or 1x Shorts And 1x Zip Off Pants
OUTDOOR RESEARCH

COMPASS / MAP

SUUNTO

TENT

Light weight - 3-4 season
EXPED

THERMALS

2 X Set Of Thermal Tops
2 x Thermal bottoms
ICEBREAKER

GAS COOKER

JETBOIL - MSR

DAY PACK

Every day use- 35ltr - 45ltr
LOWE ALPINE

WATERPROOF JACKET

1 x 100% Windproof - Waterproof Breathable
Jacket
OUTDOOR RESEARCH -MONT

ENVIRO SOAP

Wilderness Wash
Washes everything

PACK LINER

Internal - To Keep Gear Dry
Optional

WATERPROOF PANTS

1x 100 % Windproof - Waterproof
OUTDOOR RESEARCH -MONT

CUTLERY

PACK COVER

Stop pack getting wet and heavy
LOWE ALPINE - SEA TO SUMMIT

FLEECE TOP & BOTTOM

1X Micro fleece
1x full weight fleece or Soft shell
OUTDOOR RESEARCH

SPARE LACES

A Spare Set Is A Must
ASOLO

DRY BAGS

To organize, Keep gear dry (water proof)
2 - 3 x Different size bags - EXPED

DOWN JACKET

For at camp
OPTIONAL
MONT

SUNGLASSES

JULBO - OPTIC NERVE
2 x Sunglasses 1 good pair and 1 back up pair.

SLEEPING BAGS

Depends on travel plans
MONT

GLOVES

1X Powerstretch
1x Waterproof - Windproof gloves
OUTDOOR RESEARCH

HEADTORCH

Take extra batteries
PETZL - EDELRID

SLEEPING BAG LINER

Silk or Thermolite are best

BUFF HEADWEAR

Neck gaiter, head band, balaclava, beanie etc
Buff has many uses.

CAMERA

Take extra batteries
GOPRO

SLEEPING MATS

Down 7-9 mats or 3.8
EXPED

BEANIES

Needs to cover the ears
OUTDOOR RESEARCH

HYDRATION FOOD

BACK COUNTRY

WATER FILTERS

Optional extra - Depending on your trip
MSR - KATADYN

QUICK DRY TOWEL

1x Small Eg: Face cloth
1x Large 120x 60cm

POCKET KNIFE

With scissors
LEATHERMAN



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