

THE CAMINO DE SANTIAGO, SPAIN GEAR LIST

K2 Base Camp 140 Wickham Street, Fortitude Valley, Brisbane Qld 4006 Ph 07 3854 1340 Fax 07 3854 1281

k2.com.au Team Member:_ **BOOTS** WATER BOTTLE **SUNSCREEN** Boots - Light weight -Full leather Gore - Tex 1x NALGENE 1x 30 + sunscreen Clear bottles help to see the nasties 1x lipbalm ASOLO - LOWA SHOES - SANDALS INSECT REPELLENT HYDRATION KIT Light and synthetic CAMELBAK 3ltr - 2ltr Bladder **SOURCE** Rid - great for midgies Optional **SOCKS / LINERS** WATER TREATMENT **1ST AID KIT** Min. 3x pairs of good fitted socks micropur - iodine tablets 1x Blister kit, Aspirin, Strepsils etc. MUND SOCKS - Adventurer - teide KATADYN CLOTHING T-SHIRTS **SUNHAT** GAITERS Purpose to stop mud, water, stones getting Wide brim is best. Lightweight 1 X Long Sleeve Shirt - Quick drying! into your boots - Optional Outdoor Research hats are best. 2 X T - Shirts Synthetic or Merino wool OUTDOOR RESEARCH TREKKING POLE **PANTS WHISTLE** 1 x for full stability 1 x Quick Drying pants For foggy weather **MASTERS OUTDOOR RESEARCH** COMPASS / MAP RUCKSACK **SHORTS** 65 - 90ltr packs 1 X Shorts **SUUNTO** Or 1x Shorts And 1x Zip Off Pants Multi day walks **OUTDOOR RESEARCH** LOWE ALPINE **HAND TROWEL** DAY PACK THERMALS 2 X Set Of Thermal Tops Every day use-35ltr-45ltr 1 x Thermal bottoms #Summer & Winter LOWE ALPINE **ICEBREAKER** SUNGLASSES **PACK LINER** WATERPROOF JACKET JULBO Internal - To Keep Gear Dry Knee length is best MONT - OUTDOOR RESEARCH Optional WATERPROOF PANTS 1x 100 % WINDPROOF - WATERPROOF **HEADTORCH** PACK COVER Stop pack getting wet and heavy Take extra batteries BREATHABLE JACKET LOWE ALPINE - SEA TO SUMMIT MONT - OUTDOOR RESEARCH **DRY BAGS** FLEECE TOP **CAMERA** 1X Micro fleece or full weight fleece OUTDOOR RESEARCH To organize, Keep gear dry (water proof) Take extra batteries 2 - 3 x Different size bags - EXPED **GLOVES WATER PROOF** SLEEPING BAG 1X Powerstretch 1x Waterproof - Windproof gloves OUTDOOR RESEARCH MONT **MATCHES BUFF HEADWEAR** SLEEPING BAG LINER BEANIE Neck gaiter, head band, balaclava, beanie etc Silk or Thermolite are best Needs to cover the ears OUTDOOR RESEARCH Buff has many uses. SLEEPING MAT **PILLOW QUICK DRY TOWEL** Exped mats - Down 7-9 mats or 3.8 1x Small Eg: Face cloth Compact 1x Large 120x 60cm



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SHOES - SANDALS	HYDRATION KIT	INSECT REPELLENT	
SOCKS / LINERS	WATER TREATMENT	1ST AID KIT	
GAITERS	CLOTHING T-SHIRTS	SUNHAT	
TREKKING POLE	PANTS	WHISTLE	
RUCKSACK	SHORTS	COMPASS / MAP	
DAY PACK	THERMALS	HAND TROWEL	
PACK LINER	WATERPROOF JACKET	SUNGLASSES	
PACK COVER	WATERPROOF PANTS	HEADTORCH	
DRY BAGS	FLEECE TOP	CAMERA	
SLEEPING BAG	GLOVES	WATER PROOF MATCHES	
SLEEPING BAG LINER	BUFF HEADWEAR	BEANIE	
SLEEPING MAT	PILLOW	QUICK DRY TOWEL	