

♥ *This entire menu is 100% vegan*

# THE CONSCIOUS KITCHEN

CAFE & JUICE BAR  
CAPE TOWN

*Nights*

Please be aware that we unfortunately can not cater for severe allergies. Our kitchen is very small, making the risk of cross contamination too high.

## COCKTAILS

### WATERMELON MARGARITA

Clean, light, and refreshing with a slight bite. Made with our cold-pressed RED Juice

R 78

### TWILIGHT DAIQUIRI

Dark & mysterious. made with our BLACK TIE juice. Earthy undertones, a must try!

R 78

### TCK MOSCOW MULE

You might not be the biggest fan of Moscow right now. But this TCK take on a classic you will definitely love!

R 75

### KOMBUCHA GIN & TONIC

Bright, aromatic, slightly acidic, turmeric & ginger kombucha mixed with gin is definitely a great match!

R 72

### VEGAN WHISKY SOUR

Cruelty free whisky sour, what more can you ask for?

R 81

### BANANA COLADA

Creamy organic bananas, coconut cream and some booze make for a great creamy boozy smoothie.

R 81

### FLAMING DRAGON

Ready for a show? Try our flaming tequila, cinnamon, apple. pear. mint, lime.

R 93

## WINES & BUBBLES

### WHITE

Weekly selection of local vegan & organic white wine. Please ask waiter for weekly wine selection. Available by glass/bottle

R 49/195

### RED

Weekly selection of local vegan & organic white wine. Please ask waiter for weekly wine selection. Available by glass/bottle.

R 49/195

### BUBBLES

South African sparkling wine to celebrate life! Please ask waiter for availability. Available by the glass/bottle.

R 374

## BEERS & CIDERS

### JACK BLACK LAGER

R45

### CBC AMBER WEISS

R45

### CASTLE 0.0

R35

### SAVANNA DRY

R39

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## TAPAS

### PATATA BRAVAS

A Spanish classic, cubed, crispy potatoes served with a spicy sauce. R 51

### OVEN ROASTED GARLIC TOMATOES

3 tomatoes roasted in the oven with garlic and thyme R 51

### BUFALLO CAULIFLOWER WINGS

The name says it all, caution spicy!! R 47

### BURMESE TOFU

Crispy Burmese style tofu, served with a spicy/sweet dip cause. R 49

### PULLED JACKFRUIT TACOS

3 soft tacos, filled with bbq pulled jackfruit, topped with guacamole, spring onion, red cabbage and corn R 87

### GARLIC FILLED MUSHROOMS

Oven roasted mushrooms filled with garlic, vegan butter and spinach R 51

### SNACK & DIP PLATTER R110

## TCK FAVORITES

### RAINBOW SUMMER ROLLS

Vietnamese rice paper rolls filled with fried tofu, avo, and colorful veggies. served with a creamy peanut sauce. R 105

### RAINBOW BAO BUNS

3 steamed bao buns filled with fried tofu avo, caramelized onions & colorful veggies. Topped with spicy mayo R 105

### TCK BURGER

Vegan spicy and smoky chicken burger on a beetroot bun topped with pulled bbq jackfruit, jalapenos & coleslaw. Comes with a side of airfried sweet potato fries. R 145

## DESSERT

RAW CHEESE CAKE R57

SILKEN TOFU CHOCOLATE MOUSSE R53

CAKE OF THE DAY R48

VEGAN ICE CREAM & CHOCOLATE DIPPED STRAWBERRIES R52

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