



Manuka Cough and Cold Relief

THOMPSON'S | TMMCCR

BENEFITS

- Soothing blend of Manuka Honey and herbs to help relieve dry coughs and sore throats, naturally
- A herbal blend including ingredients like Manuka Honey UMF 5+, Liquorice, Eucalyptus Oil, Ginger & Echinacea
- Traditionally, licorice and ginger have been used in Western Herbal Medicine as an anti-tussive to help relieve bronchitis as well as coughs and colds
- A non drowsy formula to help soothe a sore throat and a dry cough and to help fight off colds
- Vegetarian friendly

DOSAGE

- Adults: Take 10mL three times daily
- Children 2-6 years: Take 2mL three times daily
- Children 6-12 years: Take 5mL three times daily
- Children 12 years +: Take 10mL three times daily

If required it may be diluted in water or juice. SHAKE WELL BEFORE USE.

WARNINGS

Not to be used in children under 2 years of age without medical advice. If coughing or other symptoms persist consult your healthcare professional. Contains: Ethanol (18%), Sugars and Potassium Sorbate. May contain traces of pollen.

NO ADDED

- Gluten
- Lactose
- Nuts
- Shellfish
- Dairy
- Egg
- Fish
- Sesame seeds
- No artificial colours and flavours
- Vegetarian friendly

PACK SIZES

- TMMCCR - 200mL

ACTIVE INGREDIENTS

EACH 10mL CONTAINS

Eucalyptus Oil	20mcL
Honey (Manuka UMF 5+) (5% w/v)	500mg
Herbal extract equiv. to dry	
Glycyrrhiza glabra (licorice) root	1.76g (1760mg)
Marrubium vulgare (white horehound) herb	360mg
Echinacea purpurea root	360mg
Zingiber officinale (ginger) rhizome	352mg