

# INSTRUCTIONS

## Arborvitae Joint Health

Arborvitae Joint Health contains a potent combination of natural substances.

Due to the powerful nature of the ingredients and the way they are combined, Arborvitae enters the bloodstream and goes to work in many ways.

### BENEFITS OF USING ARBORVITAE:

- ✓ Has anti-inflammatory actions and reduces inflammation.
- ✓ Has antioxidant properties and reduces free radicals formed in the body.
- ✓ Helps enhance healthy joint function.
- ✓ Provides relief from the symptoms of mild arthritis/ mild osteoarthritis.
- ✓ Supports joint mobility and flexibility.
- ✓ Provides relief from the symptoms of mild joint pain, soreness and stiffness.
- ✓ Has potent antioxidant and anti-inflammatory actions.
- ✓ Contains Pycnogenol<sup>®</sup>, the French Maritime Pine Bark extract supported by scientific evidence.

### THE BEST WAY TO TAKE ARBORVITAE IS AS FOLLOWS:

- A minimum dose of 60ml per day is required
- Upon commencing Arborvitae take 100ml per day: 50ml each morning and evening until your joint pain subsides, then revert back to 60ml per day.

Place your Arborvitae bottles in the fridge after opening and shake well before use on each occasion.

### Warning:

Contains Potassium Sorbate, Sodium Benzoate and is sweetened with honey. Honey contains natural sugars. Not suitable for infants under the age of twelve months. Generally not to be taken if on Warfarin therapy, without medical advice.

If symptoms persist consult your healthcare practitioner.

We welcome feedback regarding your Arborvitae experience as well as any other benefits you have noticed. We also welcome your comments on our website ([www.arborvitae.com.au](http://www.arborvitae.com.au)) and our Facebook page ([Arborvitae Health and Wellbeing](#)).

Should you require any further information please contact us on **1300 879 863**.



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