## INSTRUCTIONS

## Arborvitae Health and Wellbeing Supplement

The Arborvitae Health & Wellbeing Supplement contains a potent combination of natural substances and is designed to assist the body to neutralise many of the negative health effects of today's lifestyle.

Arborvitae assists the body to rid itself of waste and toxins associated with bad eating habits, consumption of processed foods, smoking and drinking. Due to the powerful nature of the ingredients and the way they are combined, Arborvitae enters the bloodstream and goes to work in many ways.

### **BENEFITS OF USING ARBORVITAE:**

- Has potent antioxidant activity and anti-inflammatory actions.
- May support the health and function of the immune system and healthy eye function.
- ✓ May assist in the maintenance of normal/healthy cholesterol levels in healthy individuals.
- May help provide support for the maintenance of cardiovascular health in normal healthy individuals.
- Has antioxidant or free radical scavenging activity and anti-inflammatory properties.
- Helps normalise blood glucose levels in healthy individuals.
- Contains Pycnogenol®, the French Maritime Pine Bark extract supported by scientific evidence.

# THE BEST WAY TO TAKE ARBORVITAE IS AS FOLLOWS:

- For general wellbeing and higher energy levels: take 30ml per day each morning
- For chronic conditions: take 100ml per day - 50ml should be taken each morning and evening.

Place your Arborvitae bottles in the fridge after opening and shake well before use on each occasion.

**WARNING:** Contains Potassium Sorbate, Sodium Benzoate and is sweetened with honey. Honey contains natural sugars. Not suitable for infants under the age of twelve months. Generally not to be taken if on Warfarin therapy, without medical advice.

**NOTE:** if you have a chronic condition, it is highly recommended that you have a blood test before commencing Arborvitae and a blood test when you have finished your bottles. Include all inflammation markers in your blood test. *Blood tests do not lie and are not subject to a placebo effect.* You will be able to determine for yourself the true benefits of Arborvitae.

If symptoms persist consult your healthcare practitioner.

We welcome feedback regarding your Arborvitae experience as well as any other benefits you have noticed. We also welcome your comments on our website

(www.arborvitae.com.au) and our Facebook page (Arborvitae Health and Wellbeing).

Should you require any further information please contact us on 1300 879 863.



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