

Instant Pot Balsamic Sausages and Mixed Peppers

PREP TIME:

5 minutes

COOKING TIME:

16 minutes total

SERVES:

6

INGREDIENTS:

1 tbsp olive oil
1 lb Italian sausage
1 1/2 cups / 1 large red onion, halved & sliced
1 packet of Mediterranean blend
2 bell peppers: 1 red & 1 green, halved and sliced
1 x 8 oz can tomato sauce
3 tbsp balsamic vinegar
1 French baguette

PREPARE:

heat oil in Instant Pot on medium sauté function and cook onion for 2 minutes

add sausages and brown for 2-3 minutes

stir in Mediterranean blend, peppers, tomato sauce & balsamic vinegar

turn off sauté function

secure Instant Pot lid & set pressure valve to Sealing

cook on Manual / Pressure Cook for 12 minutes

once cooked turn the dial to Venting to Quick Pressure Release

serve over buttered French baguette slices

