



What is Red Clover+?

Red Clover+ contains red clover and sage extracts, specially formulated for women during the menopause who are looking for natural support. Red clover contains isoflavones, natural plant compounds that are very similar to the hormone oestrogen. Our extract has been standardised to contain 40% isoflavones, one of the highest amounts you can find in one tablet on the market.

Sage extract has mild oestrogenic activity, and it has been popular for centuries in European folk medicine to help with excessive perspiration.

To complement these herbal extracts, we have incorporated a bioavailable source of vitamin B6, an essential nutrient known to support hormonal balance, psychological function and the reduction of tiredness and fatigue.

Directions

Take one tablet per day, in the morning or in the evening.

Suitable for vegetarians and vegans.

Lactose-free, gluten free, non-GMO and soya-free.

Do not take this product if you are pregnant or breastfeeding, or if you are currently using contraceptive pills.

We recommend you consult with your doctor before taking this product if you are taking anticoagulants, antidepressants, or have a history of breast or other hormone-dependent cancer.

* Nutrient Reference Value

Ingredient		Per tablet	%EC NRV*
Red of which isoflavones	Clover	Extract 200mg 80mg	N/A N/A
Sage (standardised to 2.5% rosmarinic acid)		Extract 330mg	N/A
Vitamin C		12mg	15%
Vitamin B2		0.21mg	15%
Vitamin B3		2.4mg	15%
Vitamin (as Pyridoxal-5-Phosphate)	B6	0.21mg	15%

Ingredients

Sage Extract: Sage (*Salvia officinalis* L.) Native Leaf, Maltodextrin (standardise to 2.5% rosmarinic acid)

Bulking agents: Maltodextrin, Microcrystalline Cellulose

Red Clover Extract: Red Clover (*Trifolium pratense* L.)

Vitamin C: Ascorbic Acid, Hydroxypropyl Methylcellulose, Tartaric Acid

Anticaking agents: Silicon Dioxide, Stearic Acid, Magnesium Stearate

Coating: Hydroxypropyl Methylcellulose, Glycerine

Vitamin B3: Nicotinamide

Vitamin B6: Pyridoxal-5-Phosphate

For the complete A to Z list of ingredients information click <https://futureyouhealthhk.com/pages/a-to-z-of-ingredient-definitions>

Manufactured in a GMP (Good Manufacturing Practice) facility in the UK

Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. If you are pregnant, breastfeeding, taking any medication or are under medical supervision, please consult a doctor or pharmacist before taking supplements. If you suffer any adverse reaction whilst using a supplement, discontinue use and consult your doctor. Keep out of reach of children. Allergens are highlighted in bold within the ingredients list.

When it comes to food supplements one size doesn't fit all, so we can't guarantee success for everyone. If you are not 100% happy please contact our Customer Care team, who can arrange to help to find an alternative that works for you.

