

# ALPINEAIRE FOODS®



## VEGETARIAN 7 DAY MEAL KIT (# 60506)

A convenient, cost effective meal kit that is designed, produced and delivered with the utmost care and concern for complete nutritional value and enjoyment.

ITEM #	DAY	ENTREE	CALORIES	WEIGHT (G)
60701	1	Creamy Potato Cheddar Soup (GF)	360	99
60105	1	Pasta Roma	680	170
<b>Totals Per Day</b>			<b>1,040</b>	
60111	2	Leonardo da Fettuccine	660	156
60102	2	Forever Young Mac & Cheese	800	198
<b>Totals Per Day</b>			<b>1,460</b>	
60112	3	Santa Fe Black Beans & Rice (GF)	640	184
60101	3	Mountain Chili (GF)	540	170
<b>Totals Per Day</b>			<b>1,160</b>	
60447	4	Veggie Burrito Bowl (GF)	600	170
60443	4	Himalayan Lentils & Rice	660	170
<b>Totals Per Day</b>			<b>1,260</b>	
60449	5	Wild Quinoa Pilaf with Hemp Seeds (GF)	520	158
60112	5	Santa Fe Black Beans & Rice (GF)	640	184
<b>Totals Per Day</b>			<b>1,160</b>	
60418	6	Cheese Enchilada Ranchero	760	177
60430	6	Three Cheese Lasagna	500	145
<b>TOTALS PER DAY</b>			<b>1,260</b>	
60701	7	Creamy Potato Cheddar Soup (GF)	360	99
60104	7	Spaghetti Marinara with Mushrooms	520	156
<b>Totals Per Day</b>			<b>880</b>	
<b>Kit Totals</b>			<b>8,220</b>	<b>2,236</b>

(GF) = Gluten Free