

ALPINEAIRE FOODS®



STANDARD 7 DAY MEAL KIT (# 60500)

A convenient, cost effective meal kit that is designed, produced and delivered with the utmost care and concern for complete nutritional value and enjoyment.

| ITEM # | DAY | ENTREE | CALORIES | WEIGHT (G) |
|-----------------------|-----|----------------------------------------|--------------|--------------|
| 60430 | 1 | Three Cheese Lasagna | 500 | 145 |
| 60105 | 1 | Pasta Roma | 680 | 170 |
| Totals Per Day | | | 1,180 | |
| 60111 | 2 | Leonardo da Fettuccine | 660 | 156 |
| 60439 | 2 | Spicy Sausage Pasta | 600 | 142 |
| Totals Per Day | | | 1,260 | |
| 60102 | 3 | Forever Young Mac & Cheese | 800 | 198 |
| 60101 | 3 | Mountain Chili (GF) | 540 | 170 |
| Totals Per Day | | | 1,340 | |
| 60422 | 4 | Honey Lime Chicken | 600 | 163 |
| 60405 | 4 | Southwestern Style Masa with Beef (GF) | 660 | 170 |
| Totals Per Day | | | 1,260 | |
| 60396 | 5 | Kung Pao Chicken | 540 | 149 |
| 60112 | 5 | Santa Fe Black Beans & Rice (GF) | 640 | 184 |
| Totals Per Day | | | 1,180 | |
| 60447 | 6 | Veggie Burrito Bowl (GF) | 600 | 170 |
| 60422 | 6 | Honey Lime Chicken | 600 | 163 |
| TOTALS PER DAY | | | 1,200 | |
| 61401 | 7 | Wild Thyme Turkey | 680 | 170 |
| 60104 | 7 | Spaghetti Marinara with Mushrooms | 520 | 156 |
| Totals Per Day | | | 1,200 | |
| Kit Totals | | | 8,620 | 2,306 |

(GF) = Gluten Free