

Cinnamon Apple Crisp

Directions:

1. Open pouch and remove oxygen absorber. Remove Streusel Topping packet and set aside.
2. Prepare in pouch or other suitable container.
3. Add 1 cup (8 oz) boiling water to ingredients or you may crease / fold pouch at water line 4 then fill to water line 4.
4. Stir completely and cover. Let stand 10 minutes.
5. Sprinkle Streusel Topping over top before serving.



ALL NATURAL*



**0g TRANS FAT
PER SERVING**

*Minimally processed, no artificial ingredients

INGREDIENTS: Brown Sugar, Diced Apples, Currants, French Vanilla Granola [Whole Grain Rolled Oats, Sugar, Expeller Pressed Canola Oil, Crisp Rice (Rice Flour, Barley Malt, Salt), Pure Honey, Sea Salt, Pure Vanilla Extract], Corn Starch, Alpine Granola Base (Wheat Flakes, Barley Flakes, Honey, Cinnamon), Ground Cinnamon, Orange Granules, Butter Powder (Sweet Cream, Salt, Annatto Color, Nonfat Milk Solids, Sodium Caseinate, Disodium Phosphate), Citric Acid, Vanilla Powder.

Contains Milk, Wheat.

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Nutrition Facts

Serving Size 2 oz (57g)
Servings Per Container 2

Amount Per Serving

Calories 210 **Calories from Fat 10**

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 30mg **1%**

Total Carbohydrate 57g **19%**

Dietary Fiber 1g **4%**

Sugars 24g

Protein 1g

Vitamin A 0% • Vitamin C 4%

Calcium 6% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

