

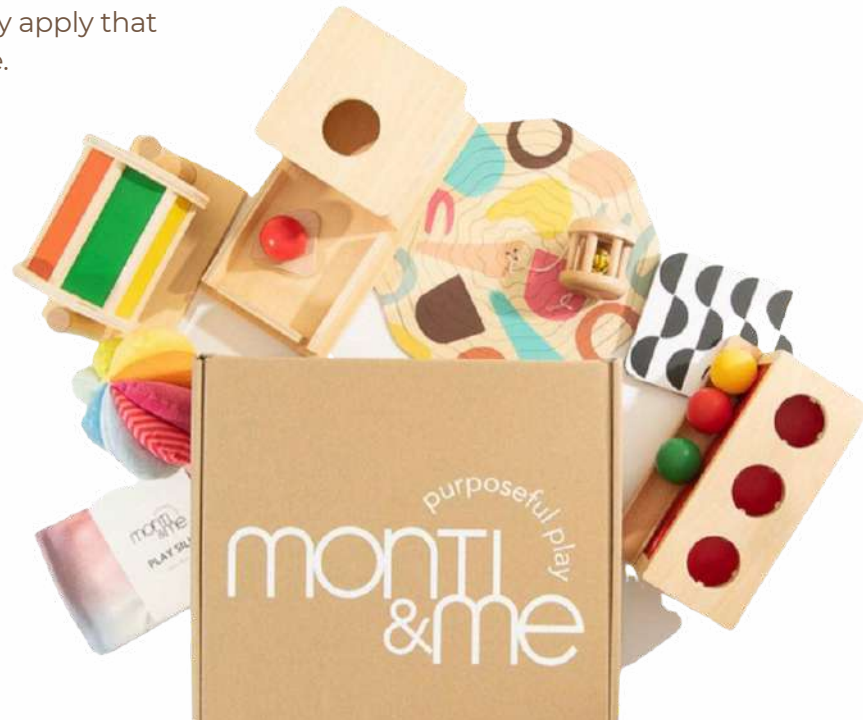
Baby's first teacher

In Dr. Maria Montessori words, 'education is acquired not by listening to words but by experiences in the environment.'

To us, the parent's role as baby's first teacher means to act as a guide so your child can learn for himself through exploration.

We can facilitate experiential learning by choosing what we put in the environment, observing our child's development and introducing things that meet their developmental needs.

Experiential learning also helps your child better understand concepts, better retain information and later to successfully apply that knowledge.



Why Montessori?

The Montessori Method strengthens certain brain functions that help *expand cognitive development*. I've nicknamed it "the original system of learning based on the brain."

– Steve Hughes, neuropsychologist,
pediatrician, and Montessori father



From birth: Strengthening baby's vision and attention

Increase attention span and build brain connections during tummy time

Why:

Babies are riveted by high contrast images in the early months.

When infants look at images that stimulate them visually, the connections between their eyes and brain strengthen.

High-contrast images with varying pattern complexity help develop and strengthen your baby's vision. By offering the card set when baby is awake and alert they help your baby learn to focus, track and build brain connections.

Ideas For Play:

Start with the simple Black and White side

Make tummy time more enjoyable by opening the full accordion.

Even newborn babies may stare at the cards for up to a 10 minutes at a time if there is no background noise distracting them before falling asleep!

At around 4 months (or when baby seems less engaged) introduce the Complex side.

Fun Fact

Although your baby will be drawn to screens, the research strongly suggests completely avoiding screen time in the first year. Screens drastically undermine your baby's developing attention span.