

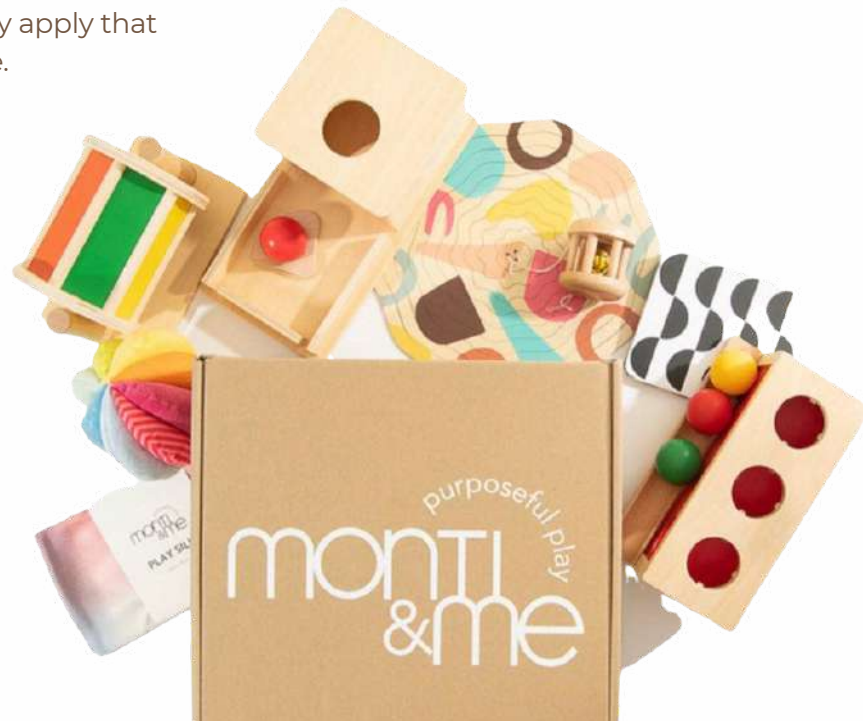
## Baby's first teacher

In Dr. Maria Montessori words, 'education is acquired not by listening to words but by experiences in the environment.'

To us, the parent's role as baby's first teacher means to act as a guide so your child can learn for himself through exploration.

We can facilitate experiential learning by choosing what we put in the environment, observing our child's development and introducing things that meet their developmental needs.

Experiential learning also helps your child better understand concepts, better retain information and later to successfully apply that knowledge.



## Why Montessori?

**The Montessori Method strengthens certain brain functions that help *expand cognitive development*. I've nicknamed it "the original system of learning based on the brain."**

– Steve Hughes, neuropsychologist,  
pediatrician, and Montessori father



From month 3: Ignite curiosity and practice visual tracking

## Ignite curiosity and practice visual tracking

### Why:

The Playsilks offer bright eye catching colours and are used in most baby sensory classes.

We love that playing with silks from a young age helps improve hand eye coordination and colour perception.

From three months you can begin to slowly move the playsilk up and down as well as left to right, developing both horizontal and vertical tracking skills.

### Fun Fact

**Visual tracking is a foundational skill for learning to read!**

### Ideas for play:

- You could create a sensory ribbon by tying the Playsilk in a knot around the teething ring

Make gentle movements so that your child can attempt to track the silk

Challenge baby to intentionally reach for and grasp while you swirl the silk above her

Hang from a play gym near a gentle breeze

### WARNING STRANGULATION HAZARD!

Adult supervision is required. Any string from toys or window blinds longer than 30cm is considered a strangulation hazard for all children. DO NOT leave your child unattended with these toys.