

New Supplement for Surging Energy

Copywrite-Live Right Health

Feeling Tired!

This is one of the most prominent complaints physicians hear from their patients! There are often underlying health conditions that cause fatigue. But just as often, a physician cannot explain the tiredness. Perhaps it is stress, lack of sleep, or just the process of getting older and having less energy!

But what if there was a way that our aging cells could feel a surge of energy? Health Canada recently approved a supplement called NMN (nicotinamide mononucleotide). Yes, this medical-sounding product is, in fact, a supplement! NMN is naturally found in small amounts in some fruits and vegetables, such as eggs, avocado, broccoli or cabbage. It can also be found in fermented foods and drinks, like sauerkraut, kefir, and kombucha,



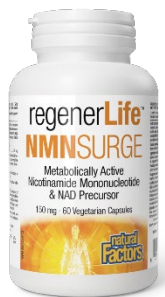
The supplement form of NMN depends on the manufacturer. Natural Factors NMNSURGE is made through a specific fermentation process, which is a slow process of extracting non-GMO yeast enzymes to ensure the properties of the ingredient or desired supplement stay intact!

There is some confusion about whether NMN is just B3; the relation between the two originated because making NMN into a supplement often starts with synthesizing and coaxing the unique molecules from B3. They are related, but NMN yields a very different end profile and result.

To make this amazing supplement even more confusing, NMN supplements are not the magic pill to energize cells. NMN is a precursor NAD+. Your body systematically produces several natural chemical reactions that enable it to function. A coenzyme called NAD (nicotinamide adenine dinucleotide) controls some of the most important cellular functions. NAD+ is critical for human health and longevity. It supports youthful levels of energy at the cellular level (ATP). ATP's job is to store energy and then deliver energy to your cells. Less energy to your cells means cells have to work harder, and the more strenuous anything has to work, the more tired you may feel.

NAD also helps convert food into energy and plays a crucial role in metabolism & DNA repair. NAD also protects cells from stress and maintains healthy sleep levels by coordinating circadian rhythms. Basically, without NAD, you would be on a faster track to aging and death, and you most certainly would have less energy!

NAD+ is a miraculous molecule, but unfortunately, our body doesn't have an endless supply. It declines as we get older. By age 50, you have about half the level you once had when you were 20. The human body does not passively accept this decrease in this coenzyme. It works to maintain this primary fuel source for the cells. In the process, drawing energy from wherever it can, causing you to feel medically unexplained tiredness



Back to NMNSURGE!

The body needs NAD+ to support cell energy, and NMN supplements help the body naturally produce more NAD+. Studies are emerging that indicate the best response to energizing tired, aging cells (increasing NAD+) is from NMN supplements.

However, not all supplements are created equal. NMN is quite expensive, so many companies use different levels of NMN in their products or combine it with other supplements, reducing this supplement's intended effect. Look for pure NMN supplements, such as Natural Factors Regenerlife NMN Surge.

Once in the body, studies show NMN starts to work within a few minutes. It will clear the bloodstream and enter body tissue within 15 minutes, suggesting people might begin to feel effects relatively quickly. Short-term results might manifest themselves in feelings of greater alertness and energy levels. Longer term may be more challenging to measure, but for those hitting middle age and beyond, all the evidence shows that taking NMN at levels of around 100 to 500 mg can positively affect your biology.

What can you expect from taking Regenerlife NMNSURGE?

Natural Factors Regenerlife NMN Surge contains metabolically active nicotinamide mononucleotide (NMN), a unique anti-aging ingredient that rejuvenates cellular health. This biologically active form of vitamin B3 is rapidly converted to replenish NAD+ and has a greater range of activities in the body. The overwhelming benefit of Regnerlife NMNSurge for total body rejuvenation and longevity is paramount for "healthy aging."

Who should take this supplement?

- Adults who want to promote longevity and healthy aging actively
- Anyone over the age of 30
- Adults who feel fatigued or have a slowing metabolism. People who are mentally stressed or engaged in heavy physical activity
- Anyone with age-related muscle loss, cognitive decline, or eyesight or hearing loss
- Anyone who has metabolic syndrome, insulin resistance or type II diabetes
- Anyone who has experienced a cardiovascular decline

This article is not intended to diagnose or treat. It is intended for informational purposes only. Contact your health care before taking any supplement to ensure there are no interactions or concerns