

DECLUTTER & RENEW YOUR HOME



**S P R I N G
R E N E W A L
L E E S A B O O N E D E S I G N S**

SPRING REFRESH GUIDE OUTLINE

Hello and warmest greetings!

As the frost of winter melts away and the first buds of spring begin to bloom, we are reminded of the beautiful promise in Isaiah 43:19, "Behold, I am doing a new thing; now it springs forth, do you not perceive it?"

Spring is a season of renewal, rejuvenation, and rebirth, offering us a divine invitation to refresh not just our spirits but also our living spaces.

This ever changing beautiful season beckons us to embrace change, to clear away the old and make room for the new, mirroring nature's own renewal. It's a time to infuse our homes with life, color, and light, transforming them into sanctuaries that reflect the beauty and promise of new beginnings.

In this guide, which I must be honest, I wanted to make for myself. I need to remember the importance of declutter, of changing things up, and creating a safe and peaceful safe for myself and everyone who enters into my space. I recently interviewed my friend and fellow creative, interior designer Barbara Ann Holmes (check out the podcast on boonepodcast.com) and she spoke something that HIT ME HARD. The Father knew what we needed in a home and He knows everyone who will enter our home and what they need as well! We must invite the Holy Spirit into our homes and all of our spaces. So as I share practical things that you can do, please seek Him first. As Him, what does He want for your home...and then spring into action!

We'll journey together through the inspiring process of refreshing our living spaces. We'll explore practical tips for decluttering, the joy of introducing plants for a touch of life and health, the psychological impact of new color schemes, and simple yet transformative DIY projects. We'll also delve into the significance of personal touches that make a house truly a home, the creative freedom in rearranging furniture, and the profound sense of peace that comes from a clean, organized space.

Our goal? To create a living environment that not only revitalizes our surroundings but also uplifts our spirits, fostering creativity, peace, and well-being. So, let's embark on this journey of renewal, guided by the wisdom and beauty of the season, to transform our homes into havens of joy, comfort, and inspiration.

Welcome to a season of new beginnings. Let's embrace the opportunity for renewal, both in our hearts and in our homes.

In His Service.

OXOX

Leesa

Chapter 1: Decluttering and Organizing

- Tips for decluttering effectively without feeling overwhelmed.
- Organizing essentials: Highlight products or DIY solutions for keeping spaces tidy.
- Before and after examples: Visual inspiration to motivate readers.

Chapter 2: Adding Greenery

- Choosing the right plants for different spaces and light conditions.
- Care tips for popular houseplants to keep them thriving.
- DIY planters and stands: Creative projects to enhance their space.

Chapter 3: Color and Decor Updates

- Color trends for spring: Showcase this season's color palette.
- Mixing and matching: How to incorporate new colors with existing décor.
- DIY decor projects: Step-by-step guides for making simple, impactful decorations.

Chapter 4: Rearranging for Renewal

- Room layout ideas: Suggestions for refreshing the flow and feel of rooms.
- Feng Shui tips: Incorporate elements of Feng Shui for harmony and balance.
- Virtual layout tools: Recommend apps or websites for planning room layouts.

Chapter 5: Spring Cleaning Tips and Tricks

- Natural cleaning solutions: Recipes for eco-friendly cleaning products.
- Checklist: A comprehensive spring cleaning checklist that covers the whole house.
- Time-saving cleaning hacks: How to clean efficiently and effectively.



Chapter 6: Outdoor Refresh

- Patio and balcony makeovers: Ideas for small and large outdoor spaces.
- Gardening tips for beginners: How to start a simple, rewarding garden.
- Outdoor entertaining: Preparing your space for spring and summer gatherings.

Conclusion

- Wrap up with encouraging words about the joy of creating beautiful, refreshed spaces.
- Invite readers to share their own spring refresh stories or photos on social media, using a specific hashtag to connect with the community.



DECLUTTERING YOUR SPACE

There are dozens of types of whole grains. here are some of the most common ones.



ONE

Start Small: Begin with a single drawer or shelf. The satisfaction of completing a small task can motivate you to tackle larger areas.

TWO

Four-Box Method: Use four boxes for sorting – Keep, Donate, Recycle, and Trash. This simplifies decision-making and keeps you organized. A fifth box for garage sale is an option only if you will actually have the yard sale. .



THREE

Digital Declutter: Don't forget digital spaces. Organizing digital files and unsubscribing from unnecessary emails can also refresh your peace of mind.





FOUR

Mindful Keeping: Ask yourself if the item adds value to your life. If it hasn't been used in a year, it's probably safe to let it go.

FIVE

Motivation Boost: Visualize the space as you want it to be. Keeping that image in mind can be a powerful motivator to continue decluttering.



INCORPORATING GREENERY



ONE

Selecting Plants: Choose indoor plants based on the light availability in your home. Succulents for sunny spots, and ferns for low light areas.

TWO

Health Benefits: Incorporating plants into your home isn't just about adding a touch of greenery; it's a genuine health investment. Studies show that plants can significantly improve air quality by filtering out common pollutants, while also enhancing your overall well-being by reducing stress and boosting mood.



THREE

Care Routine: Simplifying plant care can make the joy of gardening accessible to everyone. By establishing straightforward routines for watering, fertilizing, and pruning, you can ensure your plants thrive with minimal effort, turning plant care from a chore into a delightful part of your daily routine.





FOUR

Creative Placement: Infuse creativity into your home with innovative plant placements, transforming living spaces into vibrant sanctuaries. Consider hanging planters to add a touch of greenery overhead, or create a kitchen herb garden for fresh, aromatic flavors at your fingertips, blending function with natural beauty.

FIVE

Connect with Nature: Foster a deeper connection with your indoor garden as a serene bridge to the natural world, nurturing your plants and, in turn, nurturing your soul. This daily interaction offers a precious opportunity for peace and reflection, reminding us of the simple joy found in caring for another living being.





COLOR PSYCHOLOGY

Let's unlock the secrets of color psychology, where hues become the heroes of our décor story! Imagine walking into a room bathed in warm reds and oranges – suddenly, you're feeling like you can conquer the world, right? That's because these fiery tones ignite our energy and passion levels, getting us pumped for whatever's next. Now, picture a serene space dressed in calming blues and greens – it's like a breath of fresh air, isn't it? These cool colors have a magical way of whisking us away to a tranquil oasis, where stress melts away and relaxation reigns supreme. So, when you're jazzing up your place, think of each color as a mood-maker. Want to dial up the excitement? Go for those bold, vibrant shades. Need a more peaceful space? Opt for softer, more soothing tones. It's like painting your world with emotions, setting the stage for every mood and moment

in style!

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Cultivating Creativity Through Cleanliness: The Peace of a Decluttered Space

In the heart of spring renewal lies the transformative power of decluttering. A clean, orderly space does more than please the eye; it serves as a crucible for creativity, a sanctuary where the muse of inspiration is not just a guest but a permanent resident. Let's delve into why a decluttered, peaceful space is not merely a trend but a fundamental ingredient for creative nourishment and mental clarity.

Fosters Creativity: Imagine your workspace as a blank canvas. Each unnecessary item is a blotch of unwanted paint, while every curated piece adds to your masterpiece. A decluttered space clears the physical and mental clutter, paving the way for creative thoughts to flow freely. It's like setting the stage for your imagination to perform at its best, unencumbered by the chaos of disorder.

Enhances Concentration: Clutter is to the mind what noise is to the ears—a constant, unwelcome distraction. By minimizing distractions, a clean space enhances your ability to concentrate deeply. This heightened focus is invaluable for diving into creative projects, allowing for deeper immersion into the work at hand, be it writing, painting, or brainstorming innovative ideas.

Reduces Stress and Anxiety: A cluttered environment is a known source of stress, subtly signaling to the brain that there's always more to be done. This unspoken pressure can stifle creativity, making it hard to think clearly. In contrast, a decluttered space promotes a sense of calm and order, creating a serene backdrop for stress-free creative exploration.

Invites New Ideas: Just as nature abhors a vacuum, creativity loves open space. A decluttered environment is ripe with potential, inviting new ideas and perspectives to take root. It encourages you to experiment, to think outside the box, and to see possibilities where you once saw clutter. This openness is the fertile ground from which innovation springs. absence of clutter is indeed the presence of possibility.

Encourages Mindfulness and Reflection: A clean and orderly space naturally lends itself to mindfulness. It invites you to be present, to engage fully with the task at hand, whether that's conceptualizing a new design or reflecting on a piece of writing. This mindfulness enhances your connection to your creative work, making the process as rewarding as the outcome.

Boosts Energy and Motivation: The act of decluttering itself can be immensely satisfying, providing a sense of accomplishment that boosts your energy and motivation. This uplift in spirit is a catalyst for creativity, propelling you to start new projects with enthusiasm and to see them through with renewed vigor.

By transforming your space into a decluttered haven, you do more than just tidy up; you open a gateway to creativity. This sanctuary of calm not only invites inspiration but cradles it, allowing you to explore the depths of your creative potential. In embracing the minimalist mantra of "less is more," you'll find that the absence of clutter is indeed the presence of possibility.

Save money and infuse your space with creativity and personality. Plus, the satisfaction of creating something beautiful with your own hands is unbeatable. Happy crafting!

Upcycle with Style: Grab that old ladder collecting dust in your garage, give it a fresh coat of paint, and repurpose it as a chic, rustic bookshelf or plant stand. It's a simple way to add character and functionality to any room without breaking the bank.



Jar Transformations: Collect those empty glass jars from your kitchen, and let's give them a new lease on life. With some paint, ribbons, or even fabric, transform them into unique vases, pencil holders, or fairy light containers. It's a fun, eco-friendly project that adds a personal touch to your space.

Unleash your inner artist with custom canvas art. You don't need to be Van Gogh for this; abstract patterns, simple quotes with stencils, or a splash art technique using your favorite colors can create eye-catching pieces that personalize your space beautifully.



Pallet Furniture Magic: Wooden pallets can be easily transformed into outdoor furniture, shelving, or even a bed frame. Sand them down, add a coat of paint or stain, and you've got stylish, rustic decor. It's a great way to add warmth and texture to your home on a budget.



Fabric Refresh: Revamp your old throw pillows, chairs, or ottomans with new fabric covers. Choose vibrant colors or patterns to add a fresh pop of color to your living space. It's an affordable way to update your decor and make old furniture feel new again.



TEXTILES

Mixing textures in your decor isn't just about adding layers; it's about creating an experience. Think of it as the secret ingredient that transforms a room from flat to fascinating. By blending smooth with rough, plush with coarse, you invite a tactile adventure that adds warmth, depth, and intrigue.

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Touch and Tell: Imagine running your hand over a soft, velvety sofa then touching a rough, rustic wood coffee table. This contrast not only delights the senses but also makes your space more dynamic and inviting.





Layer Up: Start with a base, like a sleek leather couch, and layer it with fluffy throw pillows, a chunky knit blanket, or a shaggy rug. This mix not only enriches the visual appeal but also makes your space feel cozy and lived-in.

Natural Meets Manufactured: Combine natural elements like wood or stone with manufactured textures such as metal or glass. This blend not only adds visual interest but also creates a dialogue between the natural world and human innovation.

Wall Wonders: Don't forget the walls! Incorporate textured wallpapers, wooden panels, or fabric wall art to add another dimension to your room. It's an easy way to inject personality and depth into your decor.

Finishing Touches: Accessories like curtains, lamps, and decorative baskets play a crucial role in textural decor. They're the final touches that can tie the whole room together, offering both function and fashion.

Remember, the key to mixing textures is balance. Too much of one texture can overwhelm, while the right mix can harmonize your space, making it visually interesting and emotionally comforting. So go ahead, mix it up and let the textures tell your room's story.



REIMAGINING YOUR SPACE

Transform your home without opening your wallet! Rearranging furniture isn't just about shuffling sofas and chairs; it's about breathing new life into your space, improving flow, and enhancing functionality. Here's how to turn the familiar into the fresh, creating a new vibe that revitalizes your everyday living environment.

Visionary Mapping: Before you start pushing furniture around, sketch a quick floor plan or use a free online room planner. Visualize different layouts to see how you can maximize space and flow. Think outside the box—can your dining table become a statement piece in the living room? Can the armchair find a new purpose in the bedroom?



Zoning Laws: Identify different zones in your room based on activities—relaxing, working, dining—and arrange your furniture to define these areas. Maybe your living room can host a cozy reading nook by the window or a mini office in the corner, blending functionality with style.

Pathways of Possibility:

Ensure there's enough room to walk around comfortably. Creating clear pathways not only improves the room's functionality but also makes it feel bigger and more inviting. Consider the flow from one room to another and arrange your furniture to encourage an easy, natural movement.

Focal Point Forward:

Every room needs a focal point, whether it's a fireplace, a large window, or an artwork. Arrange your furniture to highlight these features. Let your sofa face the fireplace or your desk to take advantage of a beautiful view, turning these elements into the stars of your space.



Trial and Triumph: The beauty of rearranging furniture is that nothing is permanent. If a new layout doesn't feel right after a few days, switch it up again. Each arrangement brings new perspectives and possibilities, encouraging a fresh appreciation for your home.



By considering new layouts for your furniture, you can completely transform the look and feel of your rooms. It's a creative, cost-effective way to fall in love with your home all over again. So roll up your sleeves and let the transformation begin!

Balance

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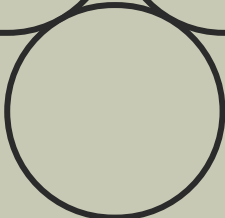
It's

Aaron Loeb

something

you

create





Book Nooks: Fill shelves with books that inspire you, whether they're well-thumbed novels, coffee table art books, or collections of poetry. Not only do they personalize your space, but they also invite curiosity and conversation.

DIY Decor: Incorporate items you've made yourself, from painted canvases to knitted throws or pottery. These pieces add a unique, creative touch that no store-bought item can replicate, showcasing your talents and interests.

Scent-sational Spaces: Scent is a powerful trigger for memories and emotions. Choose candles, diffusers, or incense that evoke personal memories or feelings of comfort and calm, making your home an olfactory oasis that feels unmistakably yours.

Infusing your space with personal touches doesn't just beautify—it connects. It's a way to surround yourself with the essence of what makes you uniquely you, ensuring that every corner of your home resonates with personal history and heart. So, start curating those personal touches and watch your space transform into a true reflection of you.

CRAFTING YOUR COMFORT ZONE:

The Art of Personal Touches

Transforming a house into a home is all about those personal touches that reflect your journey, your passions, and your dreams. It's in these details that your space whispers tales of who you are and cradles you in comfort and familiarity. Here's how to sprinkle a little bit of your soul into your sanctuary:

Gallery of Life: Create a gallery wall filled with photos of loved ones, memorable trips, or your own art. This living mosaic not only adds a warm, personal vibe but also serves as a daily reminder of joyful moments and cherished connections.

Treasure Troves: Display items that hold sentimental value—be it heirlooms, souvenirs from travels, or handmade gifts from friends. These treasures tell your story, evoking nostalgia and adding layers of meaning to your decor.

Save money and infuse your space with creativity and personality. Plus, the satisfaction of creating something beautiful with your own hands is unbeatable. Happy crafting!

ENHANCING YOUR OUTDOOR SPACE

Small Space Solutions: Discover creative ways to transform even the tiniest outdoor spaces into lush sanctuaries. From balcony gardens bursting with vibrant blooms to chic patio makeovers that maximize every inch, this section proves that you don't need a vast expanse to create your own slice of outdoor paradise.



Pollinator-Friendly Plants: Learn how to cultivate a vibrant pollinator-friendly garden, brimming with flowers that beckon bees, butterflies, and other essential insects. Discover the joy of nurturing these vital pollinators while beautifying your outdoor space with a rainbow of blossoms. With our expert tips and plant recommendations, you'll create a thriving ecosystem that buzzes with life and color throughout the seasons. Learn how to cultivate a vibrant pollinator-friendly garden, brimming with flowers that beckon bees, butterflies, and other essential insects. Discover the joy of nurturing these vital pollinators while beautifying your outdoor space with a rainbow of blossoms. With our expert tips and plant recommendations, you'll create a thriving ecosystem that buzzes with life and color throughout the seasons.

Outdoor Lighting: Explore the transformative power of outdoor lighting as we delve into the enchanting world of solar lights, fairy lights, and more. Discover how strategically placed illumination can elevate the ambiance of your outdoor spaces, casting a warm glow that invites relaxation and conviviality. With our insights on lighting options, you'll illuminate your evenings with charm and sophistication, creating captivating outdoor settings for memorable moments under the stars.



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Outdoor Lighting: Illuminate the beauty of your outdoor oasis with a discussion on the diverse range of lighting options available, from the eco-friendly glow of solar lights to the whimsical charm of fairy lights. Explore how each choice can enhance the ambiance of your space, transforming it into a magical haven under the night sky.

Discover the art of seasonal decor, as we provide tips and tricks for effortlessly refreshing your outdoor space throughout the year. Learn how to seamlessly transition from spring blooms to summer splendor, autumnal hues, and winter wonderland motifs, ensuring your outdoor area remains festive and inviting no matter the season.



Sustainable Practices: Embrace the beauty of sustainable gardening with our guide to eco-friendly practices that nurture both your garden and the planet. Discover the transformative impact of healthy soil and the benefits of incorporating native plants into your outdoor oasis. By championing these sustainable techniques, you'll not only create a thriving garden but also contribute to a healthier environment for generations to come.



Embrace the fresh start that spring offers; let every sweep, scrub, and declutter pave the way for new beginnings and renewed energy in your life



EMBRACING SELF-RENEWAL

Of course, if you know me, the first thing I am going to recommend is that you read your Word daily, pray and seek Him first, and then do the following...

Mindful Mornings: Start the day with a routine that includes mindfulness, gratitude, or journaling to set a positive tone.

Learning and Growth: Spring into action by embracing the season of growth! Challenge yourself to learn a new skill or hobby that excites you. Whether it's gardening, painting, or even coding, the joy of mastering something new can rejuvenate your spirit and spark creativity.

Digital Detox: Unplug to recharge! Dedicate some time each week to a digital detox. Whether it's for an evening or a weekend, disconnecting from screens allows you to reconnect with yourself, loved ones, and the beauty of the world around you.

Self-Care Rituals: Nurture your well-being with daily self-care rituals that bring you peace and joy. Dive into a good book, soak in a warm bath, or enjoy a leisurely walk. These moments of care are essential to maintaining balance and tranquility in your life.

Community Connection: Strengthen your sense of community by reaching out and getting involved. Whether you volunteer for a cause that matters to you, join a local club that piques your interest, or participate in community events, connecting with others can enrich your life and bring shared joy.