

APRIL 2023

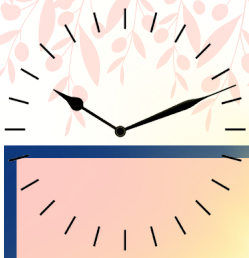
The Seed

A MONTHLY NEWSLETTER

FROM CEDAR VALLEY FARMS



OUR EARTH IS NOT SOMETHING TO TAKE FOR GRANTED; THIS MONTH LOOK FOR YOUR CODE IN THE PLANET!



Time for Change

The spring equinox may have you feeling enthusiastic, but perhaps daylight savings time has taken some "spring" out of your step. If your internal clock is disrupted, Cedar Valley Farms' natural wellness line has options to gently guide you back on track. Our Isolate (THC-Free) and Full-Spectrum CBD Gummies are available in both daytime and nighttime-specific versions to provide the calm focus you need during the day and the soft soothing you need at bedtime to drift into a full night's sleep. When you use CVF's daytime and nighttime gummies, you can strut back into the sunshine with a smile!



Employee Spotlight

Spectacular Susie!

Speaking of sunshine, on April 7th we are celebrating someone who is a ray of light to anyone who has the honor of knowing her - our very own, SUSIE DUNN! As we say, "HAPPY BIRTHDAY" we want to acknowledge all of her hard work and tireless hours she generously contributes to doing a diverse array of duties amongst all Cutter Companies in addition to her unmatched kindness and pure heart. We celebrate ALL that she is and wish all the joy and kindness that she spreads to others be returned to her. Happy Birthday, Susie!



April 7th - HAPPY BIRTHDAY!



Protecting Our Planet

Hemp a Key Contributor

Ever heard of "phytoremediation"? If not, you'll be surprised by how it reveals hemp as a key contributor to Earth Day! Earth Day is April 22nd, which reminds us of the need to protect the Earth's natural resources for future generations. One of the Earth's vital natural resources is soil, and through cultivating hemp, soil's condition can actually improve.

Hemp can detoxify the soil

Phytoremediation is the process of hemp plants detoxifying the soil and removing harmful chemicals that may be present due to industrial or agricultural activities. This is just one way that hemp plays a role in Earth Day.

Hemp can remove carbon from the atmosphere

Another example is hemp's ability to remove carbon from the atmosphere by storing it in the soil. This process can help mitigate climate change by reducing the amount of carbon dioxide in the atmosphere.

Hemp can improve soil structure

Furthermore, hemp plants can also improve soil structure, and when used as cover crops, they can help build soil organic matter and improve soil fertility.

Hemp can prevent erosion

Trying to prevent our soil from washing away after heavy rainfall or windstorms can be difficult; herein lies another restorative contribution from hemp. Stronger soil structure and increased soil organic matter can help prevent soil from washing away.

Cedar Valley Farms in addition to Beef by Chuck and other farming operations within the Cutter Family help protect the environment by using organic, sustainable farming practices and regenerative agriculture through ways such as omitting the use of pesticides, conserving soil health, and promoting biodiversity.

"Try and leave this world a little better than you found it..." (Robert Baden-Powell) Cedar Valley Farms and hemp are taking part; what can you do?



It's National Pet Month!



"When I needed a hand, I found your paws"

"People who own pets are 22% happier than those who don't," states a global analysis preformed by researchers with Petplan Pet Insurance. The same study revealed in the U.S. alone, "pet owners were 87.3% happier than the average person." April 1st begins NATIONAL PET MONTH, and we can't wait to celebrate! From emotional service, therapy work, military training, law enforcement, physical disability assistance, search and rescue skill, herding, hunting, and just plain companionship, dogs and pets alike make a major impact in the lives of humans. Due to the crucial role our pets play in our lives in combination with it being National Pet Month, we've designed a way for you to celebrate and save in the month of April for all you and your furry friend have planned to do!

Check out our Natural Companions Bundles!

All-Natural Wellness

All-Natural Human



All-Natural Pet



Pets can benefit from CBD too!



This month only, pair ANY item from our "All-Natural Human Collection" with either item in our "All-Natural Pet Collection" and SAVE 22%! Pets can benefit from CBD just like us! Give the gift of wellness to you and your furry friend.



Spring Vacation?

Take us with you!

CVF



If you're packing up to wind down and ditch town for spring break, don't forget your relaxation essentials! It's important to maintain your normal CBD regimen to achieve continual wellness. Our CBD Gummies or Extra Strength Tincture are perfect to set stress aside and clear out the chaos. Our CBD Relief Travel Topical will soothe soreness away and is slim enough to fit in any bag or carry on! ****NOTE: Sinking your feet in the sand and letting the tide tickle your toes has been known to enhance relaxation effects.**

Packing Picks

Below are CVF's top picks to pack in your suitcase to summon complete serenity on your spring travels!

Travel Topical

1



Immediate Relief!

Slim Fit!

Unwritten Vaca Rule 1:
Soreness must be eliminated on vaca!

Extra Strength Tincture

2



3,000 mg CBD!

1 drop to a great day!

Unwritten Vaca Rule 2:
One must be in a good mood at your happy place!

Full Spectrum Day Gummies

3



Send stress out with the tide!

Maintain wellness from afar!

Unwritten Vaca Rule 3:
No stress allowed during relaxation time!

Full Spectrum Night Gummies

4



Calm the chaos!

Catch up on overdue sleep!

Unwritten Vaca Rule 4:
Rest is a requirement during a get-a-way!