

# SHOP SMART...SHOP SUSTAINABLE

When it comes to shopping, look for products that are biodegradable, reusable, rechargeable, washable, compostable, refillable. From food to beverages to household items, there are so many earth-conscious choices we can be making to reduce our own footprints enormously to contribute to a clean earth and clean beauty lifestyle.

Here is our list of companies and products that we use on a day to day basis that have been tried and tested by us. (Click each one to be brought to their website for more info and purchase.)

### KITCHEN AND DINING:

- BEES WAX REUSABLE FOOD WRAPS
- <u>REUSABLE PAPER TOWELS</u>
- <u>REUSABLE SPONGES</u>
- SODA STREAM FOR SPARKLING WATER
- <u>COMPOSTABLE GARBAGE BAGS</u>
- <u>REUSABLE PRODUCE BAGS</u>
- <u>ECO-FRIENDLY STRAWS</u>
- <u>REUSABLE UTENSILS</u>
- REUSABLE SANDWICH BAGS
- <u>REUSABLE TOGO CONTAINERS</u> (or on <u>Amazon</u>)

## PERSONAL CARE/BATHROOM:

- ECO-FRIENDLY, BAMBOO TOILET PAPER
- NON-TUBE, NATURAL CHEW TABS TOOTHPASTE AND THE REFILLS
- BAMBOO TOOTHBRUSH
- REUSABLE, WASHABLE FACIAL WIPES
- NON-TOXIC, GLASS BOTTLE DEODORANT
- MENSTRUAL CUP

### BEDROOM:

- BAMBOO BED SHEETS
- <u>RECHARGEABLE LIGHTERS</u> (or on <u>Amazon</u>)

### CLEANING:

- ECO-FRIENDLY, REFILLABLE SURFACE CLEANERS
- ECO-FRIENDLY DRYER BALLS

Our planet thanks you for making sustainability an important part of your life. Check back often to see how we are improving our commitment to a sustainable lifestyle and products we use.



www.jentteskincare.com