**FOR REAL RIDERS**

**RECOMMENDED TORQUE VALUE**

<table>
<thead>
<tr>
<th>Item</th>
<th>Torque Value</th>
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<tbody>
<tr>
<td>Shock Bolts</td>
<td>14Nm</td>
</tr>
<tr>
<td>V-Link Pivot</td>
<td>14Nm</td>
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<tr>
<td>V-Link Seat Stays</td>
<td>14Nm</td>
</tr>
<tr>
<td>Horst Seat Stays</td>
<td>14Nm</td>
</tr>
<tr>
<td>Main Pivot</td>
<td>19Nm</td>
</tr>
<tr>
<td>Hanger</td>
<td>25Nm</td>
</tr>
<tr>
<td>Cable Guides</td>
<td>3Nm</td>
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</tbody>
</table>

**Frame Bearing Kit**

- Kit to replace the frame bearings on all Sommet and Escarpe frames (2021+).
- No hardware included.

**Main Pivot Kit**

- Kit to replace the main pivot on all Sommet and Escarpe frames (2021+).
- No bearings included.

**V-Link Seat Stay & Horstlink Kit**

- Kit to replace the bolts, washers and spacers of the seat stay linkage (rear pivots of suspension linkage) or horstlink pivots (back of chainstays) on all Sommet and Escarpe frames (2021+). These pivots share the same hardware. Each kit includes hardware for 1 set of pivots (no bearings included). 2 kits required to replace all V-Link Seat Stay and Horstlink pivots.

**V-Link Pivot Kit**

- Kit to replace the bolts, spacers and threaded element of the seat tube pivot on the suspension linkage on all Sommet and Escarpe frames (2021+). No bearings included.

**Flip Chip Kit**

- Kit to replace the head tube and down tube cable guides on all Sommet and Escarpe frames (2021+).

**Cable Guide Kit**

- Kit to replace the lower shock bolt and flip chip on all Sommet and Escarpe models (2021+).

**Mount Shock Bolt Kit**

- Kit to replace the top trunnion shock mount bolts and spacers on all Sommet and Escarpe frames (2021+). Includes bolts and spacers for both sides. No bearings included.

**V-Link Pivot Kit**

- Kit to replace the bolts, spacers and threaded element of the seat tube pivot on the suspension linkage on all Sommet and Escarpe frames (2021+). No bearings included.

**Mount Shock Bolt Kit**

- Kit to replace the top trunnion shock mount bolts and spacers on all Sommet and Escarpe frames (2021+). Includes bolts and spacers for both sides. No bearings included.

**Frame Bearing Kit**

- Kit to replace the frame bearings on all Sommet and Escarpe frames (2021+).
- No hardware included.

**V-Link Seat Stay & Horstlink Kit**

- Kit to replace the bolts, washers and spacers of the seat stay linkage (rear pivots of suspension linkage) or horstlink pivots (back of chainstays) on all Sommet and Escarpe frames (2021+). These pivots share the same hardware. Each kit includes hardware for 1 set of pivots (no bearings included). 2 kits required to replace all V-Link Seat Stay and Horstlink pivots.

**Main Pivot Kit**

- Kit to replace the main pivot on all Sommet and Escarpe frames (2021+).
- No bearings included.

**V-Link Pivot Kit**

- Kit to replace the bolts, spacers and threaded element of the seat tube pivot on the suspension linkage on all Sommet and Escarpe frames (2021+). No bearings included.

**Flip Chip Kit**

- Kit to replace the head tube and down tube cable guides on all Sommet and Escarpe frames (2021+).

**Cable Guide Kit**

- Kit to replace the lower shock bolt and flip chip on all Sommet and Escarpe models (2021+).

**Mount Shock Bolt Kit**

- Kit to replace the top trunnion shock mount bolts and spacers on all Sommet and Escarpe frames (2021+). Includes bolts and spacers for both sides. No bearings included.

**V-Link Pivot Kit**

- Kit to replace the bolts, spacers and threaded element of the seat tube pivot on the suspension linkage on all Sommet and Escarpe frames (2021+). No bearings included.

**Mount Shock Bolt Kit**

- Kit to replace the top trunnion shock mount bolts and spacers on all Sommet and Escarpe frames (2021+). Includes bolts and spacers for both sides. No bearings included.

**V-Link Pivot Kit**

- Kit to replace the bolts, spacers and threaded element of the seat tube pivot on the suspension linkage on all Sommet and Escarpe frames (2021+). No bearings included.