

SMART SIMPLE DELIGHTFUL
PROJECT #7

FABRIC FLOWERS

By Michele Muska

Spring Flower/Mother's Day is just around the corner! Can be gifted for Mother's Day as a pin or basket/present topper.

You can increase or decrease the size of your flower but making your petal templates a smaller size.

Please read all instructions before you begin your project

Supplies: (Photo 5416 and 5418)

- Oliso mini project iron
- Silks, velvet, linen or cotton fabric scraps at least 2 ½" wide
- Loosely woven strip of fabric 1 ½" wide and 10" long (this piece needs to be a loosely woven fabric so you can unravel it. Like a linen or linen/cotton blend)
- Heat n Bond by Thermo Web (paper backed fusible webbing)
- Fabri-Tac by Beacon Adhesives
- Coordinating ribbon
- Card stock or poster board for template
- 2 inch square piece of felt
- Marking pen, scissors, needle and thread, tweezers, common pins
- Poly fill
- Flower stamen (optional)
- Pin backing (optional)





step #1

Cut two 11" by 2 ½" strips of fabric for top layers of petals. Cut two 11" by 2 ½" strips of fabric for the backside of the petals. Cut four 11" by 2 ½" strips of Heat n Bond. Iron on the Heat n Bond according to the manufacturer's instructions to the wrong side of the petal backing fabric. Press petal fabrics in preparation for the next step.



step #2

Let cool and peel off paper backing and place on the wrong side of the fabric strips for the top of the petals. Press with hot dry iron until it melds together. Let cool.



Make template by drawing a circle approx. 2" across on your piece of card stock. Add point to the top and small rectangular box to the bottom. Cut out and trace template onto fabric strip. Cut out five petals from each fabric.



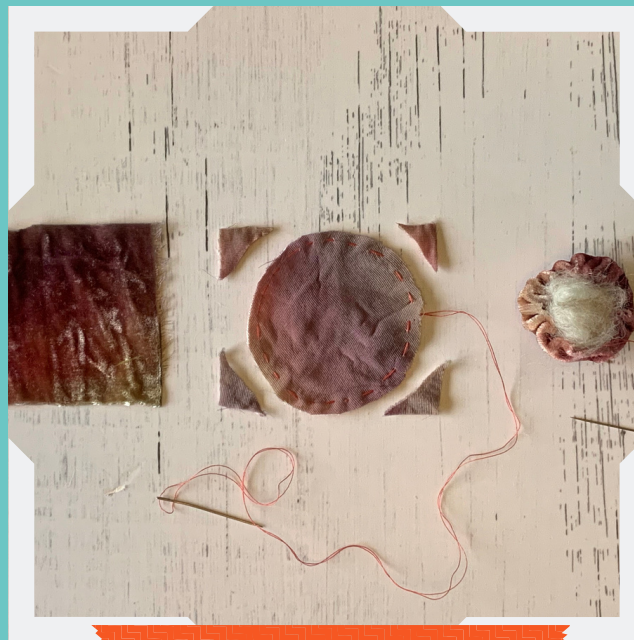
step #4

Heat circular portion of the petal and while fabric is still hot place the paint brush handle or chop stick on the center of the petal. Pull up sides with a tweezer or silicon finger protectors. The petal will hold its shape as it cools. Fabric will get very hot from the fusible webbing so please use the tweezers as a precaution.



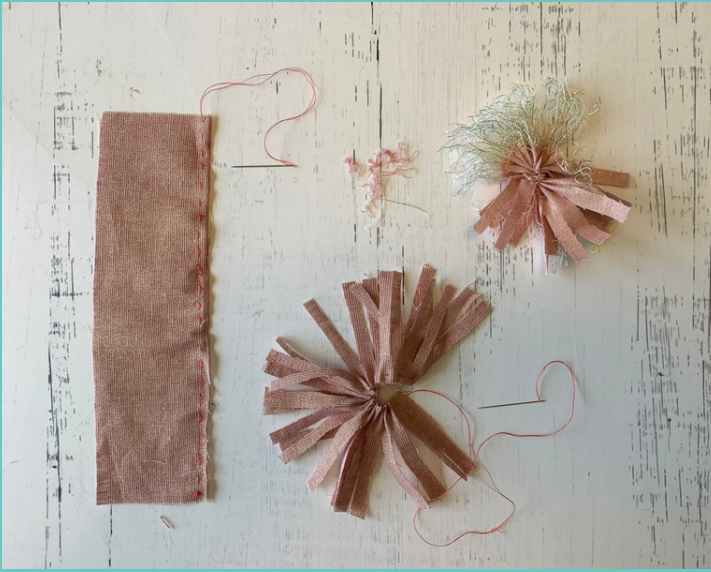
step #5

Over lay the 5 ends of the petal stems for each layer and glue to secure. Pin in place and let dry. Glue both layers together, pin and let dry.



step #6

Cut a 2" circle for center of the blossom. With a double knotted needle and thread sew a running stitch around the circle about a 1/4" from the edge. Gently start to pull needle and thread to gather. Before closing the circle place poly fill inside and pull tightly to close yo yo puff ball. Whip stitch several times to secure. Cut thread tail.



step #7

With a double knotted needle and thread sew a running stitch along one side of the woven fabric strip $\frac{1}{4}$ " from the edge. Do not cut thread yet. Cut a fringe as in the photo almost to the stitch line. Pull thread to gather and tie off. Unravel the threads in the fringe and glue the stuffed yo yo puff ball to the center. Glue center to the top layer of petals.



step #8

Cut a strip of green fabric 3" by 6". Fold in half (right sides together if there is one) and stitched curved sides as in the photograph. Trim curves and turn right side out, press and gather along open end with a running stitch. Whip stich to secure , press and glue to the back of the flower.



step #9

Cut 2 slits in the center of the felt and glue to the back of the flower. (Place a pencil /brush through the slits to avoid gluing the slit in place) You may also need to trim corners of the felt. You can place stamens under the felt if you are including them in your flower design.



finish it!

Pull ribbon through slit to tie onto a present, hat or a basket. If you want to use it as a pin, sew pin back onto felt and do not cut slits into it. Glue to back of fabric as directed above.