

Suitable for:

- ✓ Tremors
- ✓ Weak Hands
- ✓ One Handed Function
- ✓ Dysphagia



Flexible Cutlery Fork

Cutlery

Cutlery assisting those with Parkinsons

Cutlery Considerations

1. Weight and Balance -

Choose utensils that are weight appropriate and well-balanced to reduce the strain on the user's wrists and arms.

2. Handle Design -

Opt for utensils with larger (and sometimes longer) ergonomic handles. This makes it easier for individuals with Parkinson's to grip and control the utensils.

3. Non-Slip Grip-

Look for cutlery with non-slip or textured grips to enhance stability and prevent the utensils from slipping out of the user's hand.

4. Adaptive Utensils-

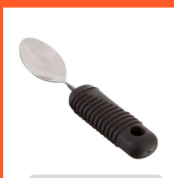
Consider adaptive utensils that are specifically designed for people with motor challenges. These may have special features like angled or curved handles to facilitate easier use, or weighted to reduce tremors!

5. Built-Up Handles-

Utensils with built-up handles provide a larger surface area, making them easier to grasp and control.

6. Materials-

Look for materials to aid with the ease of lifting and easy cleaning.



Sure Grip Bendable



Ornamin Cutlery Set



Ornamin Flexible Fork



Etac Light Angeled

Suitable for:

- ✓ Finger numbness
- ✓ Slow eating
- ✓ Limited hand and arm mobility
- ✓ Impaired vision



Thermo bowl by Ornamin

Plates and Bowls

Eating Aids assisting those with Parkinsons

Plates and Bowl Considerations

1. Non-Skid Base -

Plates with a non-skid or non-slip base help prevent them from sliding on the table, providing stability during mealtime.

2. Weighted Plates -

Weighted plates add stability and reduce the risk of spills by making the plate more resistant to tipping. They can be easier for individuals with tremors or motor difficulties to manage.

3. High Sides or Rimmed Plates-

Plates with higher sides or rims can help prevent food from spilling over the edges, making it easier for individuals to scoop up food without difficulty.

4. Contrasting Colors-

Plates with high-contrast colors or patterns can improve visibility, making it easier for those with visual challenges to see the food against the plate.

5. Divided Plates -

Divided plates can help organise different food items, making it simpler for individuals with Parkinson's to manage their meals without mixing items unintentionally

6. Adaptive Plate Guards & Plates -

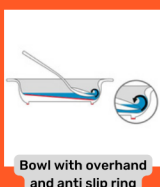
An adaptive plate guard or food bumper can be attached to a standard plate to help guide food onto utensils and prevent spills.

7. Temperature Regulation -

Plates that help keep food at a consistent temperature (e.g., thermal or insulated plates) can be beneficial for individuals who eat more slowly.

8. Materials -

Look for lightweight, durable, BPA free melamine that is dishwasher safe



Suitable for:

- ✓ Tremors
- ✓ Weak Hands
- ✓ One Handed Function
- ✓ Dysphagia
- ✓ Slow drinking
- ✓ Reduced head & neck mobility



Blackberry two handed mug internal cone by Ornamin

Cups and Mugs

Drinking Aids assisting those with Parkinsons

Cups and Mugs Considerations

1. Weighted Cups -

Cups with added weight provide stability and reduce the risk of spills by making the cup more resistant to tipping. This is particularly beneficial for individuals with tremors and dysphagia.

2. Non-Slip Base:

Cups with a non-slip or non-skid base help prevent them from sliding on surfaces, providing stability and reducing the risk of accidental spills

3. Two-Handled Cups-

Cups with two handles are easier to grip and provide better control for individuals with hand tremors or weakness.

4. Spill-Proof Cups-

Spill-proof cups with lids and straws or spout lids can prevent spills and make it easier for individuals to drink without tipping the cup.

5. Insulated Cups -

Cups with double-wall insulation can help maintain the temperature of the beverage, whether hot or cold, and prevent condensation, making them more comfortable to hold.

6. Adaptive Cup Holders -

Consider using adaptive cup holders that can be attached to wheelchairs or tables to secure the cup in place.

7. Ergonomic Handles -

Cups with ergonomic handles are designed to be easy to grasp and comfortable to hold.

8. Transparent Cups -

Transparent or translucent cups allow individuals to see the liquid inside, making it easier for them to judge the amount of fluid and prevent overfilling.

9. Materials -

Look for lightweight, durable, BPA free melamine that is dishwasher safe



@handed cups with discreet drinking lid



Lids to control flow



Mug with double wall



Mug with Internal cone