How does your disability affect you?

Reduced Hand Function Poor Finger Strength Tremors or Involuntary Movement



tricycle/children's

walking frame

-up, toothbrush

Missing Fingers Missing Parts of Hand



| What do you want to grip? | Which aid is right for you? | What do you want to grip? | Which aid is right for you? |
|---|--|--|--|
| Gym Equipment | General Purpose gripping aids D-ring gripping aid Looped exercise aid Hook aids Gym pack/Gym pack deluxe | Gym Equipment | Limb Difference gripping aidD-ring gripping aidLooped exercise aid |
| DIY Tools | General Purpose gripping aids | Gym Equipment | Limb Difference gripping aid |
| Kitchen Implements | General Purpose gripping aids | Kitchen Implements | Limb Difference gripping aid |
| Sports equipment - rowing, kayaking | General Purpose gripping aidsLooped exercise aidHook aids | Sports equipment - rowing, kayaking | Limb Difference gripping aid |
| Gardening Tools | General Purpose gripping aids | Gym Equipment | Limb Difference gripping aid |
| Small diameter item: pen, make-up, toothbrush | Small Item gripping aid | | |
| Adaptive | General Purpose Mini aid (for | | |

children under 5) or General

Purpose gripping aid